

13<sup>th</sup> Annual New Year's Day  
**Freezer Five Kids' Road Race**

The FREEZER FIVE-thousand-two-hundred-eighty foot  
(1 mile) *Kids* Road Race



MONDAY, January 1<sup>st</sup> 2018 - 10:00 AM

Houghton School, Sterling, MA

*Start the New Year on the right (or left) foot and join us on this **out and back**, 1 mile flat course on Boutelle and Bean Roads.*

**Directions:** From Route 190-take exit 5 Route 140N. Turn right at first traffic light onto Muddy Pond Rd. Continue for 1.2 miles to Boutelle Road and turn right to arrive at Houghton School.

**Amenities:** Enjoy post race beverages, donuts and hot chocolate.

**Registration:** Begins at **9:15** in the Houghton Gymnasium. Parents must sign the Central Mass Striders waiver when they register their child.

**Entry Fee:** Registration \$3.00 (NO pre-registration) Proceeds go to American Heart Association.

**Awards:** Awards will be given to the first boy and girl in each of the following age groups. ALL runners will receive ribbons.

**Ages:** 8 and under

9 – 10

11 – 12

13 – 14

15 – 18.

**Information:** Contact Susan Lauder at 508-868-9476  
In case of adverse weather conditions check Central Mass Striders website,  
([www.cmsrun.org](http://www.cmsrun.org)) or call number above.

\*Parents are welcome to accompany children on the course.