

60th Annual Fred Warren Race						
Fred Warren 5K						
7 Saws Brewing Company						
Holden, MA						
July 30, 2023						
Weather - Sunny, 68°.						
PLACE	TIME	NAME	Div/Tot	AGE	TOWN	BIB #
1	17:20	Michael Webber	1/17	M30-39	Holden	79
2	17:57	Hayden Pierce	1/16	M0-17	Jefferson	11
3	18:41	Elias DeWeese	2/16	M0-17	Rutland	324
4	18:44	Jack O'Reilly	1/7	M18-29	Worcester	390
5	18:50	Marcus Howley	3/16	M0-17	Holden	352
6	18:54	Benjamin Duffy	4/16	M0-17	Holden	330
7	19:49	Matthew Bruce	5/16	M0-17	Holden	311
8	19:52	Linda Spooner	1/29	F40-49	Sturbridge	38
9	20:44	Andrew Rossi	2/17	M30-39	Holden	26
10	21:04	Evan Syers	2/7	M18-29	Worcester	48
11	21:10	Tom Narita	1/9	M50-59	Princeton	385
12	21:11	Jackson Eisl	6/16	M0-17	Princeton	332
13	21:19	Michael Leahy	7/16	M0-17	Rutland	362
14	21:30	Bruce Christensen	2/9	M50-59	Bolton, CT	91
15	21:42	Woodrow Waters	3/17	M30-39	Auburn	55
16	22:15	Michael Forgit	4/17	M30-39	Auburn	65
17	22:15	Carlos Moreira	3/9	M50-59	Worcester	384
18	22:26	Philip Geramian	5/17	M30-39	Northboro	343
19	22:28	Judy Pavao	1/16	F30-39	Holden	396
20	22:41	Paulo Olegario	1/15	M60-69	Worcester	85
21	22:48	Chirstina Shaw	2/16	M30-39	Northboro	32
22	22:55	Jane Polley	1/6	F60-69	Newton Center	15
23	23:04	Abigail Rigney	2/29	F40-49	Barre	22
24	23:11	Nathaniel Uttaro	1/15	M40-49	Shrewsbury	53
25	23:16	Connor Brady	3/7	M18-29	Worcester	66
26	23:28	Duncan Jarvi	4/7	M18-29	Rutland	356
27	23:34	Kurt Gustafson	6/17	M30-39	Shrewsbury	71
28	23:37	Katie Wilson	3/16	F30-39	Worcester	58
29	23:41	Lester Forgit	2/15	M60-69	Worcester	340
30	23:48	Julie Dragon	3/29	F40-49	Sturbridge	90
31	23:58	Stephen Mendelsohn	7/17	M30-39	Shrewsbury	382
32	23:59	Christine Rojcewicz	4/16	F30-39	Shrewsbury	25
33	24:01	David Latino	8/17	M30-39	Worcester	361
34	24:04	Rich Toronto	3/15	M60-69	Northboro	72
35	24:09	Linda Spence	1/10	F50-59	Worcester	36
36	24:16	Vin Garofoli	4/15	M60-69	Worcester	342
37	24:31	Leanne Boudreau	4/29	F40-49	Westminster	308
38	24:38	Lisa Sternstrom	2/10	F50-59	Holden	42
39	24:40	Kevin Reynolds	9/17	M30-39	Northboro	18
40	24:41	Chris Brennan	2/15	M40-49	Holden	87
41	24:43	James Dowd	3/15	M40-49	Worcester	325
42	24:48	Jason Polcaro	10/17	M30-39	Norfolk	70
43	25:05	Emily Bradshaw	5/29	F40-49	Holden	309
44	25:13	Shelby Pierce	1/3	F18-29	Millbury	400
45	25:15	Mike Lynch	5/15	M60-69	Worcester	369
46	25:18	Efrain Valentin	8/16	M0-17	Worcester	74
47	25:22	Aidan Carter	5/7	M18-29	Worcester	314
48	25:23	Sarah Clifford	5/16	F30-39	Bolton	68
49	25:37	Deanna Yoder	6/16	F30-39	Northboro	60
50	25:52	Chris Webber	6/15	M60-69	Concord	78
51	26:09	Liam McGurin	9/16	M0-17	Holden	27

52	26:12	Stacy Hughes	6/29	F40-49	Templeton	353
53	26:20	Steve Kanaracus	1/4	M70+	Lowell	75
54	26:29	Talene Orlando	7/16	F30-39	Rutland	391
55	26:43	Alexander Medina	11/17	M30-39	Lunenburg	381
56	26:51	James Stebbins	10/16	M0-17	Ayer	40
57	26:55	David Maher	7/15	M60-69	N Brookfield	372
58	27:17	Meghan MacDonald	7/29	F40-49	Woonsocket, RI	370
59	27:20	Jeffrey Stebbins	4/9	M50-59	Ayer	39
60	27:30	Hadley Castellani-Heller	1/4	F0-17	Rutland	316
61	27:30	Sarah Cormier	8/29	F40-49	Northboro	319
62	27:31	Brendan O'Shea	11/16	M0-17	Holden	393
63	27:40	Ron Hsin	12/17	M30-39	Holden	64
64	27:43	Thomas O'Shea	5/9	M50-59	Holden	392
65	27:49	Owen Chrudimsky	12/16	M0-17	Holden	80
66	27:50	Jared Chredimsky	4/15	M40-49	Holden	81
67	28:05	Joran Jarvi	2/4	F0-17	Rutland	357
68	28:15	Burt Tilley	6/9	M50-59	Worcester	52
69	28:20	Cathy Downing	2/6	F60-69	Webster	326
70	28:23	Eddie Goodwin	2/4	M70+	W Boylston	344
71	28:26	Matthew Falvey	8/15	M60-69	Worcester	335
72	28:40	Kaite Meola	8/16	F30-39	W Boylston	383
73	28:42	Sheri Plouffe	9/29	F40-49	Sterling	88
74	28:45	Ralph Borseth	9/15	M60-69	Rutland	307
75	28:51	Harry Senosk	13/16	M0-17	Shrewsbury	31
76	28:54	Vanessa Duffy	10/29	F40-49	Holden	329
77	29:08	Lisa Zhou	3/10	F50-59	Northboro	61
78	29:14	Jack Foley	10/15	M60-69	Holden	63
79	29:28	Erica Perry	11/29	F40-49	Holden	399
80	29:36	Amanda Longevin	12/29	F40-49	Templeton	366
81	29:47	Jaceon Roberts	13/17	F30-39	Worcester	24
82	29:48	Jennifer Smith	13/29	F40-49	Worcester	37
83	30:02	Aleel Grennan	4/10	F50-59	Holden	346
84	30:10	Bob Brady	3/4	M70+	Worcester	86
85	30:18	Diane Waters	3/6	M60-69	Auburn	54
86	30:22	Katye Brier	14/29	F40-49	Holden	310
87	30:26	Harrison Broderick	14/16	M0-17	N Brookfield	84
88	30:28	Chris Finn	14/17	M30-39	Saugus	337
89	30:29	Tom Lamotte	5/15	M40-49	Hudson	360
90	30:33	Thomas Stracqualursi	6/15	M40-49	Leominster	46
91	30:48	Ellen Kane	9/16	F30-39	Holden	83
92	30:50	Danielle Sikonski	10/16	F30-39	Rutland	73
93	30:51	Luis Lozano Melendez	6/7	M18-29	Leominster	368
94	31:04	Barbara Dennis	4/6	F60-69	Sterling	323
95	31:09	Cheryl Watson	5/10	F50-59	Rutland	76
96	31:11	Marjorie Numan	15/29	F40-49	Holden	375
97	31:13	Melissa Stomski	11/16	F30-39	Dudley	45
98	31:15	Bradley Noyes	7/15	M40-49	Belmont	387
99	31:16	Jeffrey Mailhot	8/15	M40-49	Holden	373
100	31:17	James Sadin	7/9	M50-59	Ware	28
101	31:40	Melissa Carvill	16/29	F40-49	Marlboro	315
102	31:48	Valentina Saliu	17/29	F40-49	Worcester	29
103	31:51	Victoria Cordeiro	12/16	F30-39	Clinton	318
104	31:52	Linda Simmons	6/10	F50-59	Auburn	35
105	31:59	Julia Falcone	7/10	F50-59	Worcester	334
106	32:08	Steven Jenkins	11/15	M60-69	Rindge, NH	89
107	32:15	Courtney Blais	18/29	F40-49	Worcester	306
108	32:22	Steven Hass	12/15	M60-69	Worcester	349
109	32:23	Christopher Lee	15/17	M30-39	Rutland	363
110	32:31	Leah Crowley	2/3	F18-29	W Boylston	321

111	33:01	Jillian Marble	19/29	F40-49	Belchertown	374	
112	33:11	Michelle Cote	20/29	F40-49	Westminster	77	
113	33:22	Wesley Shedd	9/15	M40-49	Holden	33	
114	33:22	Matthew Whittemore	10/15	M40-49	Boylston	57	
115	33:26	Alexiana Draper	3/4	F0-17	Gardner	328	
116	33:42	Nathan Jarvi	11/15	M40-49	Rutland	355	
117	33:45	Nicole Lonardo	13/16	F30-39	Holden	365	
118	34:05	Bob Paulsen	13/15	M60-69	Rutland	395	
119	35:36	-----URO-----					
120	35:44	William Berger	15/16	M0-17	Holden	304	
121	35:45	Nicole Berger	3/3	F18-29	Holden	305	
122	Stroller	Brodie Schultz	16/16	M0-17	Holden	67	
123	35:52	Michael Magoon	12/15	M40-49	Hubbardston	371	
124	36:11	Joan Recore	1/1	F70+	Worcester	124	
125	35:15	Amy Bennett	21/29	F40-49	Dedham	303	
126	37:02	Deb Steele	8/10	F50-59	Oxford	41	
127	37:11	Thomas Welch	13/15	M40-49	Rockland	56	
128	37:32	Carrie Peck	22/29	F40-49	Holden	398	
129	37:39	Robert Marsh	14/15	M60-69	W Boylston	376	
130	37:56	Kris Schultz	8/9	M50-59	Bolton	69	
131	38:26	MaryEllen Klein	23/29	F40-49	Holden	359	
132	38:28	Beth McNutt	24/29	F40-49	Hubbardston	380	
133	38:50	Catherine Nash	5/6	F60-69	Holden	386	
134	38:53	Giza High	25/29	F40-49	Shrewsbury	351	
135	39:20	Juan Santana	15/15	M60-69	W Boylston	30	
136	39:26	Gregory Wilson	16/17	M30-39	Worcester	59	
137	39:36	Paige Josti	26/29	F40-49	Rutland	358	
138	40:03	Rebecca Acheson	27/29	F40-49	Westford	301	
139	40:07	Courtney Tenure	14/16	F30-39	Jefferson	51	
140	40:25	Zavian Fernandez	7/7	M18-29	Leominster	336	
141	40:31	Kathleen Hammerstrom	9/10	F50-59	Sterling	348	
142	40:35	Nicholas Parham	17/17	M30-39	Worcester	394	
143	40:37	Steven Draper	9/9	M50-59	Gardner	327	
144	40:57	Molly Eastman Burnham	15/16	F30-39	W Boylston	331	
145	40:57	Abby Church	28/29	F40-49	Worcester	317	
146	45:34	Jessie Arnold	16/16	F30-39	Worcester	302	
147	45:34	Jerry Lembcke	1/1	M80+	Worcester	364	
148	46:01	Bryan O'Keefe	14/15	M40-49	Billerica	388	
149	46:45	Nancy Peaslee	6/6	F60-69	Sterling	397	
150	47:07	Jennifer Cote-Saunders	10/10	F50-59	Worcester	320	
151	47:47	John Hendrick	4/4	M70+	Berlin	350	
152	49:56	Melissa Czechowski	29/29	F40-49	Webster	322	
153	1:03:07	John Flagg	15/15	M40-49	Jefferson	338	
154	1:03:08	Avery Flagg	4/4	F0-17	Jefferson	339	

**RACE DIRECTORS:**

Nicole McGurin, Andrea Berger

**TIMING CREW CHIEF:**

Joe Alfano

**Volunteers:**

Alicia McHugh, Alyssa Tortola, Andrea Chasse, Anna Berger, Anna Gawrych, Barbara McManus, Cassie Brennan, Corinne Stratton, Darcy Polsinelli, Greg McGurin, Heather Gladwin, Heather Polsinelli, James Brennan, Jana Brennan, Jeff Kristoff, Jen Graves, JoAnn Bedard, John Berger, Karen Pajer, Leanna Boudreau, Linda Luthman, Linda Simmons, Matt Hall, Matt Millett, Melissa McDonald Michelle Carr Harris, Mike Keating, Nora Gladwin, Sammy Bradshaw, Steve Laska, Thomas Stracqualuris, Tom Graves.

Corrections please e-mail [centralmassstridersresults@gmail.com](mailto:centralmassstridersresults@gmail.com)