

CMS 52-Week 5K Series - Week 47

Worcester State University

Worcester, MA

November 23, 2024

Weather - Rainy, 41°. Humidity 89%, Wind- 12mph NW (Feels like 36°).

PLACE	TIME	NAME	Div/Tot	AGE	TOWN	CLUB
1	18:20	Mark Swistak	1/5	M40-49	W Brookfield	CMS
2	21:10	Rob Auger	2/5	M40-49	Millbury	CMS
3	21:44	Kareem Lanier	1/6	M50-59	Lincoln University, PA	
4	21:50	Tim Woodcock	2/6	M50-59	Sutton	CMS
5	22:34	Joselito Bonilla	3/5	M40-49	Worcester	CMS
6	22:45	Andre Bennatan	1/8	M60-69	Mansfield, CT	
7	25:09	Mike Bresnahan	4/5	M40-49	Whitinsville	CMS
8	25:20	James Morrissey	3/6	M50-59	W Boylston	CMS
9	26:11	Chris Waslake	4/6	M50-59	Athol	CMS
10	26:17	Doug Usher	2/8	M60-69	Upton	CMS
11	26:22	Carlos Sampaio	5/6	M50-59	Worcester	CMS
12	26:39	Mike Lynch	3/8	M60-69	Worcester	CMS
13	26:39	Julie Dragon	1/2	F40-49	Sturbridge	CMS
14	26:51	Erin McGrath	1/1	F0-19	Warren	CMS
15	26:57	Scott Schaeffer-Duffy	4/8	M60-69	Worcester	CMS
16	27:03	Vanette Inacio	1/1	F50-59	Worcester	CMS
17	27:13	Jeff Adair, Sr	5/8	M60-69	Worcester	CMS
18	27:31	Dave Krom	6/8	M60-69	Worcester	CMS
19	29:37	Wilson Kiriungi	5/5	M40-49	Paxton	CMS
20	30:31	Hector Cruz	7/8	M60-69	Shrewsbury	CMS
21	30:51	Sarah Cormier	2/2	F40-49	Northboro	CMS
22	31:58	Linda Usher	1/1	F70+	Upton	CMS
23	32:11	Stephen Tromblet	6/6	M50-59	Boylston	
24	33:07	Al Morrissey	8/8	M60-69	Shrewsbury	CMS
25	47:29	Nana Nkrahene	1/1	M20-39	Spencer	CMS

6:28 Late Start

**DIRECTION:** Clockwise

**VOLUNTEERS:** Joe Alfano, Karen Pajer, Paul Lemerise, Beth Songer, Bob Brady, Linda Luthman, Linda Marie Simmons, Mike Keating.

Timing and Scoring by Central Mass Striders [www.cmsrun.org](http://www.cmsrun.org)

Corrections please e-mail [centralmassstridersresults@gmail.com](mailto:centralmassstridersresults@gmail.com)