

			CMS 52-Week 5K Series - Week 16					
			Worcester State University					
			Worcester, MA					
April 20, 2024								
			Weather - Light Rain, 44°.					
			5K or 10K Option This Week					
5K RESULTS								
PLACE		TIME	NAME	Div/Tot	AGE	TOWN	CLUB	
1		19:10	Rob Auger	1/2	M40-49	Millbury	CMS	
2		19:21	Brad Fors	1/5	M50-59	Ashby		
3		19:22	Tim Boilard	2/2	M40-49	Princeton	CMS	
4		24:28	Erik Stedman	2/5	M50-59	Grafton	CMS	
5		24:29	Matt Z	3/5	M50-59	Paxton	CMS	
6		25:15	Carlos Moreira	4/5	M50-59	Worcester	CMS	
7		25:48	Julie Dragon	1/1	F40-49	Sturbridge	CMS	
8		25:55	Vin Garofoli	1/2	M60-69	Worcester	CMS	
9		26:10	Jeff Adair, Sr	2/2	M60-69	Worcester	CMS	
10		26:24	Bradford Spencer	1/2	M20-39	Rutland		
11		26:39	Chris Waslake	5/5	M50-59	Athol	CMS	
12		33:00	Jane Bouchard	1/1	F50-59	Worcester	CMS	
13		36:32	Deb Davis	1/2	F60-69	Holden	CMS	
14		37:44	Marta Carlson	2/2	F60-69	Paxton	CMS	
15		39:31	Nicholas Parham	2/2	M20-39	Worcester	CMS	
10K RESULTS								
PLACE		TIME	NAME	Div/Tot	AGE	TOWN	CLUB	5K SPLITS
1		38:42	Zack Fitzsimmons	1/1	M20-39	Worcester	CMS	19:03
2		38:54	Humbert Kilanowski	1/4	M40-49	Providence, RI	CMS	19:30
3		39:12	Mark Swistak	2/4	M40-49	W Brookfield	CMS	19:26
4		41:38	Josh Curtis	3/4	M40-49	Worcester	CMS	20:01
5		44:52	Bill Elliott	1/3	M50-59	Holden	CMS	23:30
6		46:38	Joselito Bonilla	4/4	M40-49	Worcester	CMS	22:52
7		46:59	Tim Woodcock	2/3	M50-59	Sutton	CMS	24:03
8		49:35	Erich Mierzejewski	3/3	M50-59	Holden	CMS	24:18
9		59:03	Jess Howland	1/2	F40-49	Worcester	CMS	29:10
10		59:59	Sarah Cormier	2/2	F40-49	Northboro	CMS	29:11
DIRECTION:	Counter-Clockwise							
VOLUNTEERS:	Joe Alfano, Karen Pajer, Linda Luthman, Linda Marie Simmons, Bob Brady, Paul Lemersie.							
Timing and Scoring by Central Mass Striders <a href="http://www.cmsrun.org">www.cmsrun.org</a>								
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