

CMS 52-Week 5K Series - Week 33

Worcester State University

Worcester, MA

August 17, 2024

Weather - Cloudy 68°. Humidity 86%.

5K or 10K Option This Week.

5K RESULTS

PLACE	TIME	NAME	Div/Tot	AGE	TOWN	CLUB
1	18:38	Mark Swistak	1/4	M40-49	W Brookfield	CMS
2	21:57	Roxy Bachana	1/2	F0-19	Katonah, NY	
3	23:29	John Pajer	1/11	M60-69	Leicester	CMS
4	24:01	Jeff Adair, Jr	1/5	M20-39	Worcester	CMS
5	24:02	Carlos Moreira	1/2	M50-59	Worcester	CMS
6	24:31	Carlos Figueira	2/7	M40-49	Redmond, WA	
7	24:36	Lester Forgit	2/11	M60-69	Worcester	CMS
8	24:56	Vin Garofoli	3/11	M60-69	Worcester	CMS
9	25:27	Jeff Adair, Sr	4/11	M60-69	Worcester	CMS
10	25:35	Julie Dragon	1/1	F40-49	Sturbridge	CMS
11	25:38	Jim Hehir	5/11	M60-69	Worcester	CMS
12	25:44	Hicham Maalouf	3/7	M40-49	Holden	CMS
13	25:56	Mike Lynch	6/11	M60-69	Worcester	CMS
14	26:14	David Ndegwa	7/11	M60-69	Grafton	CMS
15	26:17	Scott Schaeffer-Duffy	8/11	M60-69	Worcester	CMS
16	26:54	Vanette Inacio	1/2	F50-59	Worcester	CMS
17	27:08	Bianca Andrianopoulos	1/3	F20-39	Worcester	CMS
18	27:18	Joseph Bachana	9/11	M60-69	Katonah, NY	
19	27:19	Bill Campbell	4/7	M40-49	Holden	CMS
20	28:43	Spencer Paradis-Fichtner	2/5	M20-39	Northboro	
21	28:47	Karim-Ben Saunders	2/2	M50-59	Worcester	CMS
22	29:46	Shannon Ruiz	2/2	F0-19	Worcester	WSU
23	29:50	Hector Cruz	10/11	M60-69	Shrewsbury	CMS
24	30:42	Sebastian Baldini	3/5	M20-39	Hudson, NH	
25	31:54	Ashley Benedict	2/3	F20-39	Erie, PA	
26	32:45	Jane Bouchard	1/1	F50-59	Worcester	CMS
27	34:44	Deb Davis	1/1	F60-69	Holden	CMS
28	34:55	Al Morrissey	11/11	M60-69	Shrewsbury	CMS
29	44:01	Cecilia Bachana	3/3	F20-39	Worcester	
30	44:05	Nicholas Parham	4/5	M20-39	Worcester	CMS
31	45:55	Juan Santana	1/1	M70+	W Boylston	CMS
32	49:48	Joseph Kelley	5/5	M20-39	Wilmington	

10K RESULTS

PLACE	TIME	NAME	Div/Tot	AGE	TOWN	CLUB	5K SPLITS
1	39:20	Bill Elliott	1/3	M50-59	Holden	CMS	19:23
2	45:11	Heather Gladwin	1/1	F40-49	Holden	CMS	22:25
3	49:24	Erich Mierzejewski	2/3	M50-59	Holden	CMS	24:28
4	57:23	Rick Wood	3/3	M50-59	Paxton	CMS	30:00

DIRECTION: Counter-Clockwise

VOLUNTEERS: Joe Alfano, Karen Pajer, Bob Brady, Paul Lemerise, John Keating, Matt Hall.

Timing and Scoring by Central Mass Striders www.cmsrun.org

Corrections please e-mail centralmassstridersresults@gmail.com