

7/23/24 Lake Park 5K Winners - Week 4						
			OVERALL			
MALE			FEMALE			
Chris Pickett	18:48			Sarah Nelson		23:00
			0-19			
1. Robbie Tatro	48:59			1. Dahlia Welland		26:48
				2. Chloe Arlabosse		41:24
				3. Marjorie Kolterjahn		41:24
			20-39			
1. Adam Nabulsi	22:37			1. Elliot Beane		25:39
2. Matt Reedrich	23:00			2. Grace Naylor		26:29
3. Dan Zinkus	23:21			3. Rosanna Gessel- Larson		26:53
			40-49			
1. Paul Kamuzora	19:55			1. Jess Howland		25:14
2. Josh Curtis	20:04			2. Sarah Cormier		29:38
3. Rick Lane	20:58					
			50-59			
1. Matt Zaterka	22:27			1. Cheryl Bechunas		25:50
2. Peter Welland	22:42					
3. James Morrissey	25:07					
			60-69			
1. John Pajer	24:04			1. Nancy Ryan		26:04
2. Vin Garofoli	24:46			2. Cathy Downing		28:11
3. Jim Hehir	25:33			3. Karen Patalano		36:03
			70+			
1. Bob Brady	29:52					