

Lake Park 5K Series - Race 1

Lake Quinsigamond State Park

Worcester, MA

July 2, 2024

Weather - Partly Cloudy, 79°.

PLACE	TIME	NAME	Div/Tot	AGE	TOWN	CLUB	BIB #
1	17:31	Dylan Reilly	1/2	M0-19	Northbridge	CMS	12
2	18:15	Jack O'Reilly	1/10	M20-39	Worcester	CMS	54
3	18:55	Zack Fitzsimmons	2/10	M20-39	Worcester	CMS	36
4	20:16	Paul Kamuzora	1/9	M40-49	Northborough	CMS	40
5	20:22	Paul Reilly	2/9	M40-49	Northborough	CMS	10
6	20:36	Elizabeth McDermott	1/6	F20-39	Belmont	CMS	8
7	20:47	Evan Syers	3/10	M20-39	Worcester	CMS	24
8	20:58	Kristen Legendre	1/4	F40-49	Uxbridge		9
9	21:02	Rick Lane	3/9	M40-49	Worcester	CMS	46
10	21:09	Josh Calvi	4/9	M40-49	Worcester	CMS	28
11	21:16	Matthew Shea	4/10	M20-39	Worcester		58
12	22:01	Carlos Moreira	1/7	M50-59	Worcester	CMS	55
13	22:06	Peter Welland	2/7	M50-59	Shrewsbury	CMS	56
14	22:07	Joselito Bonilla	5/9	M40-49	Worcester	CMS	48
15	22:26	Adam Nabulsi	5/10	M20-39	Brookline	CMS	53
16	23:02	Matt Zatteria	3/7	M50-59	Paxton	CMS	11
17	24:39	Kevin Crossman	6/10	M20-39	Boylston		34
18	24:39	Matt Millett	6/9	M40-49	Spencer	CMS	35
19	25:14	Kyle Krawec	7/10	M20-39	Templeton		33
20	25:16	Emily Burley Fox	2/6	F20-39	Worcester	CMS	18
21	25:29	Vin Garofoli	1/5	M60-69	Worcester	CMS	16
22	25:46	Cheryl Bechunas	1/3	F50-59	Sutton	CMS	27
23	25:55	Nancy Ryan	1/5	F60-69	Sutton		17
24	25:59	James Dowd	7/9	M40-49	Worcester	CMS	31
25	25:59	Jim Hehir	2/5	M60-69	Worcester	CMS	13
26	26:04	Dahlia Welland	1/1	F0-19	Shrewsbury	CMS	57
27	26:06	Stephen Carrier	4/7	M50-59	Lancaster	CMS	20
28	26:07	Alexis Violette	3/6	F20-39	Webster	CMS	47
29	26:17	Elliot Beane	4/6	F20-39	Worcester	CMS	19
30	26:27	Rebecca Pilla	5/6	F20-39	Whitinsville		30
31	26:31	Max Morrissey	8/10	M20-39	Shrewsbury	CMS	49
32	27:03	James Morrissey	5/7	M50-59	W Boylston	CMS	7
33	27:12	Kristen Fitzsimmons	6/6	F20-39	Worcester	CMS	37
34	27:48	Cathy Downing	2/5	F60-69	Webster	CMS	15
35	29:21	Stacy Hughes	2/4	F40-49	Templeton	CMS	32
36	29:42	Sarah Cormier	3/4	F40-49	Northborough	CMS	29
37	31:26	Bill Campbell	8/9	M40-49	Holden	CMS	59
38	33:18	Al Morrissey	3/5	M60-69	Shrewsbury	CMS	44
39	33:57	Heather Wiatrowski	4/4	F40-49	Auburn	CMS	21
40	35:48	Timothy Britt	9/9	M40-49	Whitinsville	CMS	22
41	36:39	Nate Howe	6/7	M50-59	Marlboro	CMS	43
42	37:13	Holly Wielsma	2/3	F50-59	Whitinsville	CMS	23
43	37:39	Marta Carlson	3/5	F60-69	Paxton	CMS	39
44	38:35	Sam Coughlin	2/2	M0-19	Holden	CMS	50
45	38:35	Ben Coughlin	9/10	M20-39	Holden	CMS	52
46	38:58	John Griffin	4/5	M60-69	Rutland	CMS	42
47	39:16	Debra Bocchino	3/3	F50-59	Rutland	CMS	41
48	40:18	Deborah Davis	4/5	F60-69	Holden	CMS	26
49	40:30	Alric Powell	10/10	M20-39	Worcester	CMS	60 * 8:00 Late Start - 32:30
50	41:34	Curt Downing	5/5	M60-69	Webster	CMS	14
51	44:21	Bill Gonsorcik	7/7	M50-59	Worcester	CMS	38
52	45:00	Evelyn Dolan	5/5	F60-69	Fitchburg	CMS	45
53	46:12	Mark Davis	1/1	M70+	Holden	CMS	25
1 Mile							
1	12:25	Cora Coughlin	1/1	F0-19	Holden	CMS	51
RACE DIRECTORS: Steve Laska							
VOLUNTEERS: Barbara McManus, Kim Gordon, Karen Lemerise, Karen Pajer, Paul Lemerise, James Morrissey, Joe Alfano, Phil Savoy, Molly Riorden, Barbara Roach-Kyes, Meghan MacDonald, Clare Foley, Linda Marie Simmons,							
Timing and Scoring by Central Mass Striders www.cmsrun.org							
Corrections please e-mail centralmassstridersresults@gmail.com							