

CMS 52-Week 5K Series - Week 46

Worcester State University

Worcester, MA

November 15, 2025

Weather - Sunny 38°. Humidity 67%. Wind 6 mph NW, Feels Like 40°.

5K or 10K Option This Week.

**5K RESULTS**

PLACE	TIME	NAME	Div/Tot	AGE	TOWN	CLUB	
1	20:38	Matthew Thyous	1/3	M0-19	Worcester	South High	
2	21:26	St Cyr Dimanche	1/3	M20-39	Worcester	CMS	Late Start :27
3	23:14	Jacob Bostock	2/3	M0-19	Rutland	CMS	
4	23:15	Nick Bostock	1/3	M40-49	Rutland	CMS	
5	23:16	Kevin Ritchie	2/3	M40-49	Worcester		
6	23:20	Louis McCoy	2/3	M20-39	Worcester		
7	23:56	Michael Stentzel	3/3	M20-39	Clinton	CMS	
8	24:53	Erica Scholl	1/1	F20-39	Worcester		
9	25:02	Dave Leidel	1/4	M70+	Worcester	CMS	
10	25:40	Chris Waslaske	1/4	M50-59	Athol	CMS	
11	26:09	Erik Stedman	1/4	M60-69	Grafton	CMS	
12	26:25	David Maher	2/4	M60-69	N Brookfield	CMS	
13	26:54	Vin Garofoli	2/4	M70+	Worcester	CMS	
14	27:01	Julie Dragon	1/2	F40-49	Sturbridge	CMS	
15	27:35	Jacksen Shaughnessy	3/3	M0-19	Rutland	CMS	
16	27:36	Matt Shaughnessy	3/3	M40-49	Rutland	CMS	
17	28:32	Mike Lynch	3/4	M60-69	Worcester	CMS	
18	28:54	Pat Clark	1/3	F60-69	Worcester	CMS	
19	29:23	Rick Wood	2/4	M50-59	Paxton	CMS	
20	29:45	Stephen Trombley	3/4	M50-59	Boylston	CMS	
21	31:06	Deb Davis	2/3	F60-69	Holden	CMS	
22	31:12	Al Morrissey	3/4	M70+	Shrewsbury	CMS	
23	31:18	Mike Keating	4/4	M60-69	Worcester	CMS	
24	32:23	Sarah Cormier	2/2	F40-49	Northboro	CMS	
25	33:03	Linda Usher	1/1	F70+	Upton	CMS	
26	33:04	Doug Usher	4/4	M70+	Upton	CMS	
27	34:15	Nate Howe	4/4	M50-59	Marlboro	CMS	
28	37:35	Marta Carlson	3/3	F60-69	Paxton	CMS	

**10K RESULTS**

PLACE	TIME	NAME	Div/Tot	AGE	TOWN	CLUB	5K SPLITS	BIB #
1	38:46	Brian Kelleher	1/1	M20-39	New Braintree	CMS	18:57	805
2	39:31	Mark Swistak	1/4	M40-49	W Brookfield	CMS	19:51	801
3	42:44	Paul Kamuzora	2/4	M40-49	Northboro	CMS	20:43	802
4	45:00	Rob Auger	3/4	M40-49	Millbury	CMS	21:48	807
5	47:51	Erich Mierzejewski	1/1	M50-59	Holden	CMS	23:53	804
6	53:49	Mike Bresnahan	4/4	M40-49	Whitinsville	CMS	27:04	808
7	55:06	Kelly Wolfe-Bellin	1/1	F50-59	Worcester	CMS	27:23	806

**DIRECTION:** Counter-Clockwise

**VOLUNTEERS:** Joe Alfano, Paul Lemerise, Karen Pajer, Bob Brady, Linda Simmons, Liinda Luthman, Matt Hall, John Pajer, Colleen Thyous, Scott Schaeffer-Duffy.

Timing and Scoring by Central Mass Striders [www.cmsrun.org](http://www.cmsrun.org)

Corrections please e-mail [centralmassstridersresults@gmail.com](mailto:centralmassstridersresults@gmail.com)