

CMS 52-Week 5K Series - Week 51

Worcester State University

Worcester, MA

December 20, 2025

Weather - Partly Sunny 30°. Humidity 64%. Wind 8 mph WNW, Feels Like 24°.

5K or 10K Option This Week.

5K RESULTS

PLACE	TIME	NAME	Div/Tot	AGE	TOWN	CLUB
1	19:38	Rob Auger	1/1	M40-49	Millbury	CMS
2	22:35	Eoin Gaj	1/3	M20-39	Worcester	CMS
3	22:41	Stanley Mungai	2/3	M20-39	Worcester	CMS
4	23:57	Adam Teger	3/3	M20-39	Leominster	
5	24:07	Carlos Sampaio	1/5	M50-59	Worcester	CMS
6	24:12	John Pajer	1/6	M60-69	Leicester	CMS
7	24:30	Erik Stedman	2/6	M60-69	Grafton	CMS
8	26:13	Chris Waslaske	2/5	M50-59	Athol	CMS
9	26:40	Simon Muchohi	3/5	M50-59	Marlboro	CMS
10	26:49	David Maher	3/6	M60-69	N Brookfield	CMS
11	28:25	Vanette Inacio	1/2	F50-59	Worcester	CMS
12	28:45	Trista Brown	2/2	F50-59	Upton	CMS
13	28:58	Jim Hehir	4/6	M60-69	Worcester	CMS
14	30:16	David Ndegwa	5/6	M60-69	Grafton	CMS
15	30:21	Stephen Trombley	4/5	M50-59	Boylston	CMS
16	30:25	Rick Wood	5/5	M50-59	Paxton	CMS
17	32:39	Linda Usher	1/1	F70+	Upton	CMS
18	32:40	Doug Usher	1/2	M70+	Upton	CMS
19	32:53	Mike Keating	6/6	M60-69	Worcester	CMS
20	33:23	Al Morrissey	2/2	M70+	Shrewsbury	CMS
21	34:11	Deb Davis	1/2	F60-69	Holden	CMS
22	37:50	Marta Carlson	2/2	F60-69	Paxton	CMS

10K RESULTS

PLACE	TIME	NAME	Div/Tot	AGE	TOWN	CLUB	5K SPLITS	BIB #
1	41:01	Andrew Mita	1/3	M40-49	Worcester	CMS	20:16	18
2	41:27	Paul Kamuzora	2/3	M40-49	Northboro	CMS	20:12	35
3	47:50	Erich Mierzejewski	1/1	M50-59	Holden	CMS	24:07	29
4	59:08	Tom Fournier	3/3	M40-49	Sutton		28:46	19
5	1:05:57	Jeff Adair, Sr	1/1	M60-69	Worcester	CMS	30:35	32

DIRECTION: Counter-Clockwise

VOLUNTEERS: Paul Lemerise, Karen Pajer, Bob Brady, Linda Simmons, Linda Luthman, Matt Hall, James Morrissey, Scott Schaeffer-Duffy.

Timing and Scoring by Central Mass Striders www.cmsrun.org

Corrections please e-mail centralmassstridersresults@gmail.com