

CMS 52-Week 5K Series - Week 5

Worcester State University

Worcester, MA

February 1, 2025

Weather - Sleet/Snowy, 28°. Humidity 74%, Wind- 13 mph N (Feels like 12°) Slippery.

PLACE	TIME	NAME	Div/Tot	AGE	TOWN	CLUB
1	19:29	Mark Swistak	1/4	M40-49	W Brookfield	CMS
2	20:27	Yan Alperin	1/3	M20-39	Auburn	CMS
3	22:01	Ron Lipka	2/4	M40-49	Northboro	MVTC
4	22:32	Chris Kardos	1/8	M50-59	Northboro	CMS
5	23:48	Erich Mierzejewski	2/8	M50-59	Holden	CMS
6	23:48	Carlos Sampaio	3/8	M50-59	Worcester	CMS
7	25:02	Sean Cavanaugh	4/8	M50-59	Ashland	
8	25:41	Erik Stedman	5/8	M50-59	Grafton	CMS
9	26:06	James Morrissey	6/8	M50-59	W Boylston	CMS
10	26:49	St Cyr Dimanche	2/3	M20-39	Worcester	CMS
11	27:07	Josue Matias	3/3	M20-39	Fitchburg	CMS
12	27:45	Julie Dragon	1/1	F40-49	Sturbridge	CMS
13	27:57	Vin Garofoli	1/3	M60-69	Worcester	CMS
14	30:41	Hector Cruz	2/3	M60-69	Shrewsbury	CMS
15	31:34	Steve O'Neil	7/8	M50-59	Worcester	CMS
16	32:06	Joe LaValle	3/4	M40-49	Paxton	CMS
17	32:36	Stephen Trombley	8/8	M50-59	Boylston	CMS
18	34:18	Al Morrissey	3/3	M60-69	Shrewsbury	CMS
19	39:39	Ben Bauer	4/4	M40-49	Shrewsbury	CMS
20	40:47	Marta Carlson	1/1	F60-69	Paxton	CMS
<b>1.78 miles</b>	21:00	Samanta Bresnahan	1/1	F0-19	Whitinsville	Blackstone Valley Tech
	21:00	Mike Bresnahan	1/1	M40-49	Whitinsville	CMS
<b>2.75 miles</b>	28:12	Scott Schaeffer-Duffy	1/1	M60-69	Worcester	CMS
<b>DIRECTION:</b>	Counter-Clockwise					
<b>VOLUNTEERS:</b>	Joe Alfano, Karen Pajer, Bob Brady, Linda Marie Simmons, Linda Luthman, Matt Hall, John Pajer, Mike Keating.					
Timing and Scoring by Central Mass Striders <a href="http://www.cmsrun.org">www.cmsrun.org</a>						
Corrections please e-mail centralmassstridersresults@gmail.com						