

CMS 52-Week 5K Series - Week 8

Worcester State University

Worcester, MA

February 22, 2025

Weather - Cloudy, 20°. Humidity 63%, Wind- 5 mph NW (Feels like 20°).

PLACE	TIME	NAME	Div/Tot	AGE	TOWN	CLUB
1	18:57	Mark Swistak	1/2	M40-49	W Brookfield	CMS
2	20:00	Linda Spooner	1/4	F50-59	Sturbridge	CMS
3	20:27	Tim Woodcock	1/7	M50-59	Sutton	CMS
4	21:24	Lynn Harvey	1/1	F20-39	Worcester	CMS
5	22:40	Erich Mierzejewski	2/7	M50-59	Holden	CMS
6	22:58	Carlos Sampaio	3/7	M50-59	Worcester	CMS
7	23:03	Joselito Bonilla	2/2	M40-49	Worcester	CMS
8	25:07	James Morrissey	4/7	M50-59	W Boylston	CMS
9	25:22	Erik Stedman	5/7	M50-59	Grafton	CMS
10	26:07	Julie Dragon	1/1	F40-49	Sturbridge	CMS
11	26:17	Matthew Falvey	1/6	M60-69	Worcester	CMS
12	26:27	Mike Lynch	2/6	M60-69	Worcester	CMS
13	27:27	Jeff Adair, Sr	3/6	M60-69	Worcester	CMS
14	30:21	Karim Saunders	6/7	M50-59	Worcester	CMS
15	30:39	David Ndegwa	4/6	M60-69	Grafton	CMS
16	30:40	Hector Cruz	5/6	M60-69	Shrewsbury	CMS
17	30:50	Steve O'Neil	7/7	M50-59	Worcester	CMS
18	31:09	Melissa Butler	2/4	F50-59	Worcester	CMS
19	32:09	Esta Singer	3/4	F50-59	Holden	CMS
20	35:42	Deb Davis	1/1	F60-69	Holden	CMS
21	35:47	Al Morrissey	6/6	M60-69	Shrewsbury	CMS
22	40:08	Joseph Argueta	1/1	M20-39	Leominster	
23	45:56	Jen Saunders	4/4	F50-59	Worcester	CMS

DIRECTION: Clockwise

VOLUNTEERS: Joe Alfano, Karen Pajer, Bob Brady, Linda Marie Simmons, Linda Luthman, Matt Hall.

Timing and Scoring by Central Mass Striders www.cmsrun.org

Corrections please e-mail centralmassstridersresults@gmail.com