

			CMS 52-Week 5K Series - Week 13				
			Worcester State University				
			Worcester, MA				
March 29, 2025							
	Weather - Mostly Sunny 40°. Humidity 85%. Wind 8mph NE, Feels Like 32°.						
PLACE	TIME	NAME	Div/Tot	AGE	TOWN	CLUB	
1	18:38	Mark Swistak	1/5	M40-49	W Brookfield	CMS	
2	19:43	Norm Everett	1/6	M20-39	Worcester	CMS	
3	20:21	Jon Miganowicz	2/6	M20-39	Templeton	NMC	
4	20:29	Kevin Merchant	2/5	M40-49	Auburn	CMS	
5	23:31	Joselito Bonilla	3/5	M40-49	Worcester	CMS	
6	23:55	Erich Mierzejewski	1/7	M50-59	Holden	CMS	
7	24:43	Matt Falvey	1/7	M60-69	Worcester	UMass	
8	25:12	Carlos Sampaio	2/7	M50-59	Worcester	CMS	
9	25:20	Mike Bresnahan	4/5	M40-49	Whitinsville	CMS	
10	25:55	Jeff Adair, Sr	2/7	M60-69	Worcester	CMS	
11	26:08	Vin Garofoli	3/7	M60-69	Worcester	CMS	
12	26:34	Chris Waslake	3/7	M50-59	Athol	CMS	
13	26:44	Mike Lynch	4/7	M60-69	Worcester	CMS	
14	26:49	Josue Matias	3/6	M20-39	Fitchburg	CMS	
15	26:57	Scott Schaeffer-Duffy	5/7	M60-69	Worcester	CMS	
16	27:24	James Morrissey	4/7	M50-59	W Boylston	CMS	
17	27:31	Julie Dragon	1/1	F40-49	Sturbridge	CMS	
18	27:52	Trista Brown	1/1	F50-59	Upton	CMS	
19	28:47	Vincent Scornet	4/6	M20-39	Newton		
20	29:30	Hector Cruz	6/7	M60-69	Shrewsbury	CMS	
21	29:33	Steve O'Neil	5/7	M50-59	Worcester	CMS	
22	30:45	Stephen Trombley	6/7	M50-59	Boylston	CMS	
23	32:51	Deb Davis	1/2	F60-69	Holden	CMS	
24	33:12	Linda Usher	1/1	F70+	Upton	CMS	
25	33:13	Doug Usher	7/7	M60-69	Upton	CMS	
26	34:58	Joseph Argueta	5/6	M20-39	Leominster	CMS	
27	35:35	Coco Auger	1/2	F0-19	Millbury	CMS	
28	35:37	Rob Auger	5/5	M40-49	Millbury	CMS	
29	35:57	Marta Carlson	2/2	F60-69	Paxton	CMS	
30	37:14	Shannon Ruiz	2/2	F0-19	Worcester	CMS	
31	38:41	Nate Howe	7/7	M50-59	Marlboro	CMS	
32	44:59	Nicholas Parham	6/6	M20-39	Worcester	CMS	
DIRECTION:	Counter Clockwise						
VOLUNTEERS:	Joe Alfano, Karen Pajer, Bob Brady, Linda Marie Simmons, Paul Lemerise.						
Timing and Scoring by Central Mass Striders www.cmsrun.org							
Corrections please e-mail centralmassstridersresults@gmail.com							