

			CMS 52-Week 5K Series - Week 20						
			Worcester State University						
			Worcester, MA						
May 17, 2025									
		Weather - Cloudy 63°. Humidity 92%. Wind 8 mph S, Feels Like 59°.							
		5K or 10K Option This Week.							
5K RESULTS									
PLACE	TIME	NAME	Div/Tot	AGE	TOWN	CLUB			
1	19:31	Rob Auger	1/3	M40-49	Millbury	CMS			
2	21:38	Patrick Byrne	2/3	M40-49	Fitchburg	CMS			
3	24:34	Paul Coughlin	1/5	M50-59	Marlboro	CMS			
4	25:02	Erik Stedman	2/5	M50-59	Grafton	CMS			
5	25:46	Chris Waslake	3/5	M50-59	Athol	CMS			
6	26:29	David Maher	1/6	M60-69	N Brookfield	CMS			
7	26:35	Lester Forgit	2/6	M60-69	Worcester	CMS			
8	26:55	Scott Schaeffer-Duffy	3/6	M60-69	Worcester	CMS			
9	27:03	Dave Leidel	1/2	M70+	Worcester	CMS			
10	27:36	Julie Dragon	1/2	F40-49	Sturbridge	CMS			
11	27:48	Jim Hehir	4/6	M60-69	Worcester	CMS			
12	28:11	Bill Campbell	3/3	M40-49	Holden	CMS			
13	28:19	Dave Krom	5/6	M60-69	Worcester	CMS			
14	29:53	Hector Cruz	6/6	M60-69	Shrewsbury	CMS			
15	30:16	Stephen Trombley	4/5	M50-59	Boylston	CMS			
16	30:48	Sarah Cormier	2/2	F40-49	Northboro	CMS			
17	31:29	Melissa Butler	1/1	F50-59	Worcester	CMS			
18	34:07	Ashley Benedict	1/1	F20-39	Erie, PA	CMS			
19	35:14	Joseph Argueta	1/2	M20-39	Leominister	CMS			
20	35:40	Jane Bouchard	1/1	F60-69	Worcester	CMS			
21	38:20	Nate Howe	5/5	M50-59	Marlboro	CMS			
22	42:32	Nicholas Parham	2/2	M20-39	Worcester	CMS			
23	45:00	Juan Santana	2/2	M70+	W Boylston	CMS			
10K RESULTS									
PLACE	TIME	NAME	Div/Tot	AGE	TOWN	CLUB	5K SPLITS	BIB #	
1	38:59	Brian Keleher	1/2	M20-39	New Braintree	CMS	18:47	2548	
2	41:44	Josh Curtis	1/5	M50-59	Worcester	CMS	20:11	2546	
3	44:07	Stanley Mungai	2/2	M20-39	Worcester	CMS	20:55	2554	
4	46:57	Joselito Bonilla	1/2	M40-49	Worcester	CMS	23:19	2557	
5	48:47	Erich Mierzejewski	2/5	M50-59	Holden	CMS	24:08	2553	
6	49:00	Gennaro Conte	1/3	M60-69	Shrewsbury	CMS	24:49	2549	
7	53:03	Rich Victor	3/5	M50-59	Mendon	CMS/Tri-Valley	25:35	2552	
8	55:13	Mike Bresnahan	2/2	M40-49	Whitinsville	CMS	28:02	2558	
9	56:26	Jeff Adair, Sr	2/3	M60-69	Worcester	CMS	27:34	2556	
10	58:23	Bob Tomczyk	3/3	M60-69	Sterling	CMS	29:00	2551	
11	59:06	Sitaram Pawar	4/5	M50-59	Shrewsbury	CMS	29:22	2550	
12	59:46	Rick Wood	5/5	M50-59	Paxton	CMS	30:00	2547	
13	1:13:40	Deb Davis	1/1	F60-69	Holden	CMS	35:48	2555	
DIRECTION:	Counter-Clockwise								
VOLUNTEERS: Joe Alfano, Paul Lemerise, Karen Pajer, Linda Luthman, Matt Hall, Vin Garofoli, Tyler Wasson, Bob Bureau.									
Timing and Scoring by Central Mass Striders www.cmsrun.org									
Corrections please e-mail centralmassstridersresults@gmail.com									