

CMS 52-Week 5K Series - Week 30

Worcester State University

Worcester, MA

July 26, 2025

Weather - Mostly Cloudy, 75°. Humidity 51%. Wind 7mph NE, Feels Like 74°.

PLACE	TIME	NAME	Div/Tot	AGE	TOWN	CLUB
1	19:21	Paul Kamuzora	1/5	M40-49	Northboro	CMS
2	19:23	Rob Auger	2/5	M40-49	Millbury	CMS
3	19:40	Matthew Bettez	3/5	M40-49	Gardner	
4	19:49	Scott Delongchamps	1/11	M50-59	N Grosvenordale, CT	CMS
5	19:52	Neway Odell	1/6	M0-19	Worcester	Worc Tech
6	20:08	Stanley Mungai	1/5	M20-39	Worcester	CMS
7	20:27	Zachary Kennedy	2/5	M20-39	Worcester	CMS
8	21:20	Aaron Hero	4/5	M40-49	Boylston	CMS
9	21:49	Matt Zaterka	2/11	M50-59	Paxton	CMS
10	22:18	St Cyr Dimache	3/5	M20-39	Worcester	CMS
11	22:26	Lily L	1/2	F0-19	Shrewsbury	CMS
12	22:41	Sam Richesson	3/11	M50-59	Worcester	CMS
13	22:44	Erich Mierzejewski	4/11	M50-59	Holden	CMS
14	22:45	Carlos Sampaio	5/11	M50-59	Worcester	CMS
15	23:06	Joselito Bonilla	5/5	M40-49	Worcester	CMS
16	24:02	William Thyous	2/6	M0-19	Worcester	South High
17	24:04	Matthew Thyous	3/6	M0-19	Worcester	South High
18	24:48	James Morrissey	6/11	M50-59	W Boylston	CMS
19	25:08	Kevin Arias	4/6	M0-19	Worcester	Worc Tech
20	25:26	David Maher	1/3	M60-69	N Brookfield	CMS
21	25:30	Michael Stentzel	4/5	M20-39	Clinton	
22	25:44	Vin Garofoli	1/3	M70+	Worcester	CMS
23	25:49	Dave Leidel	2/3	M70+	Worcester	CMS
24	26:27	Chris Waslake	7/11	M50-59	Athol	CMS
25	26:34	Ethan Paredes	5/5	M20-39	Worcester	WPI
26	26:42	Julie Dragon	1/3	F40-49	Sturbridge	CMS
27	26:46	Sarah Roberge	1/1	F20-39	Wylie, TX	WPI
28	26:57	Mike Lynch	2/3	M60-69	Worcester	CMS
29	27:06	Scott Schaeffer-Duffy	3/3	M60-69	Worcester	CMS
30	29:56	Sebastian Tapia	8/11	M50-59	Worcester	CMS
31	31:10	Frank Croghan	9/11	M50-59	Millbury	CMS
32	32:22	Liz Leidel	2/3	F40-49	Worcester	
33	32:53	Jane Bouchard	1/3	F60-69	Worcester	CMS
34	33:30	Stephen Trombley	10/11	M50-59	Boylston	CMS
35	33:38	Nicole L	3/3	F40-49	Shrewsbury	CMS
36	36:19	Marta Carlson	2/3	F60-69	Paxton	CMS
37	37:10	Deb Davis	3/3	F60-69	Holden	CMS
38	37:11	Al Morrissey	3/3	M70+	Shrewsbury	CMS
39	38:38	Shannon Ruiz	2/2	F0-19	Worcester	CMS
40	38:38	Julio Evangelista	11/11	M50-59	Lincoln, RI	
41	40:37	Harrison Dennett	5/6	M0-19	Worcester	South High
42	40:37	Jordan Dennett	6/6	M0-19	Worcester	South High
<b>DIRECTION:</b>	Counter-Clockwise					

<b>VOLUNTEERS:</b> Joe Alfano, Paul Lemerise, Linda Marie Simmons, Linda Luthman, Karen Pajer, Bob Brady, Matt Hall.								
Timing and Scoring by Central Mass Striders <a href="http://www.cmsrun.org">www.cmsrun.org</a>								
Corrections please e-mail <a href="mailto:centralmassstridersresults@gmail.com">centralmassstridersresults@gmail.com</a>								