

CMS 52-Week 5K Series - Week 31

Worcester State University

Worcester, MA

August 2, 2025

Weather - Sunny, 64°. Humidity 63%. Wind 6mph N, Feels Like 67°.

PLACE	TIME	NAME	Div/Tot	AGE	TOWN	CLUB
1	18:05	Mark Swistak	1/8	M40-49	W Brookfield	CMS
2	19:10	Rob Auger	2/8	M40-49	Millbury	CMS
3	19:20	Josh Curtis	1/9	M50-59	Worcester	CMS
4	19:38	Scott Delongchamps	2/9	M50-59	N Grosvenordale, CT	CMS
5	20:03	Paul Kamuzora	3/8	M40-49	Northboro	CMS
6	20:07	Stanley Mungai	1/9	M20-39	Worcester	CMS
7	20:23	Zachary Kennedy	2/9	M20-39	Worcester	
8	21:00	Linda Spooner	1/1	F50-59	Sturbridge	CMS
9	21:13	Patrick Byrne	4/8	M40-49	Fitchburg	CMS
10	21:34	Aaron Hero	5/8	M40-49	Boylston	CMS
11	22:03	Erich Mierzejewski	3/9	M50-59	Holden	CMS
12	22:24	Joselito Bonilla	6/8	M40-49	Worcester	CMS
13	22:31	St Cyr Dimache	3/9	M20-39	Worcester	CMS
14	23:43	Tevin Mbogo	1/2	M0-19	Worcester	CMS
15	23:52	James Morrissey	4/9	M50-59	W Boylston	CMS
16	24:11	Jason Rudich	4/9	M20-39	Hillsboro	
17	24:49	William Thyous	2/2	M0-19	Worcester	South High
18	24:52	John Pajer	1/6	M60-69	Leicester	CMS
19	25:10	Michael Stentzel	5/9	M20-39	Clinton	CMS
20	25:24	David Maher	2/6	M60-69	N Brookfield	CMS
21	25:30	Dave Leidel	1/2	M70+	Worcester	CMS
22	26:43	Mike Bresnahan	7/8	M40-49	Whitinsville	CMS
23	26:46	Bill Campbell	8/8	M40-49	Holden	CMS
24	26:52	Vin Garofoli	2/2	M70+	Worcester	CMS
25	27:05	Scott Schaeffer-Duffy	3/6	M60-69	Worcester	CMS
26	27:35	Sebastian Tapia	5/9	M50-59	Worcester	CMS
27	28:08	Jim Hehir	4/6	M60-69	Worcester	CMS
28	30:46	Mike Keating	5/6	M60-69	Worcester	CMS
29	31:17	Liz Leidel	1/3	F20-39	Worcester	CMS
30	31:41	Steve O'Neil	6/9	M50-59	Worcester	CMS
31	32:08	Stephen Trombley	7/9	M50-59	Boylston	CMS
32	24:04	Abby Skarin	1/1	F20-39	W Boylston	
33	34:05	Jared Manteuffel	6/9	M20-39	Worcester	
34	34:26	Sami Broger	1/1	F0-19	Leominster	Samoset MS
35	34:29	Rick Hebert	6/6	M60-69	Leominster	
36	34:38	Jamaal Johnson	7/9	M20-39	Marlboro	CMS
37	34:48	Adam Lemay	8/9	M20-39	Boxboro	CMS
38	35:05	Nate Howe	8/9	M50-59	Marlboro	CMS
39	36:27	Marta Carlson	1/1	F60-69	Paxton	CMS
40	38:00	Christian Smith	9/9	M50-59	Paxton	
41	38:17	Melchor Hall	2/3	F40-49	Auburn	
42	41:44	Nicholas Parham	9/9	M20-39	Worcester	CMS
43	45:42	Yadira Ortiz	3/3	F40-49	W Springfield	

DIRECTION: Clockwise

VOLUNTEERS: Joe Alfano, Paul Lemerise, Linda Marie Simmons, Karen Pajer, Bob Brady, Matt Hall.

Timing and Scoring by Central Mass Striders www.cmsrun.org
 Corrections please e-mail centralmassstridersresults@gmail.com