

7/15/25 Lake Park 5K Winners - Week 3

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MALE		OVERALL	FEMALE
Jack O'Reilly	19:12		Emily Knox 19:58
		0-19	
			1. Marjorie Kolterjahn 46:54
		20-39	
1. Stanley Mungai	21:32		1. Elliot Beane 26:48
2. Max Morrissey	23:44		2. Rosanna Gessel-Larson 28:24
3. Landon Melton	28:56		3. Hannah Lynch 2 mile
		40-49	
1. Paul Kamuzora	19:51		1. Sarah Cormier 34:40
2. Rob Auger	20:47		
3. Aaron Hero	21:33		
		50-59	
1. Peter Welland	22:29		1. Cheryl Bechunas 27:38
2. Matt Zaterka	22:44		
3. Carlos Sampaio	24:00		
		60-69	
1. John Pajer	25:21		1. Nancy Ryan 27:37
2. Mike Lynch	28:04		2. Marta Carlson 39:32
		70+	
1. Vin Garofoli	27:31		
2. Bob Brady	32:56		
3. John Hendrick	57:32		