

7/1/25 Lake Park 5K Winners - Week 1							
				OVERALL			
MALE				FEMALE			
	Jack O'Reilly		19:13		Emily Knox		19:51
				0-19			
	1. Efrain Valentin		29:57		1. Shannon Ruiz		37:55
				20-39			
	1. Evan Syers		21:30		1. Faith McCormack		24:07
	2. Max Morrissey		24:14		2. Rosanna Gessel-Larson		27:52
	3. James Fidrocki		28:42		3. Meredith Fidrocki		33:04
				40-49			
	1. Shawn McCormack		22:09		1. Sarah Cormier		32:56
	2. Paul McNeil		22:32		2. Alicia Castagna		2 Laps
	3. Bill Campbell		28:03				
				50-59			
	1. Matt Zaterka		22:22		1. Heidi Richard		2.5 miles
	2. Peter Welland		22:35				
	3. Chris Lee		24:53				
				60-69			
	1. John Pajer		25:48		1. Cathy Downing		28:57
	2. Jim Hehir		26:48		2. Marta Carlson		37:29
	3. Curt Downing		2 laps				
				70+			
	1. John Hendrick		57:59				