

7/22/25 Lake Park 5K Winners - Week 4

		OVERALL			
MALE				FEMALE	
Jack O'Reilly	19:13			Cheryl Bechunas	24:55
		0-19			
				1. Sophie Welland	34:45
				2. Chloe Arlabosse	36:07
				3. Marjorie Kolterjahn	36:09
		20-39			
1. Evan Syers	19:44			1. Erica Scholl	25:18
2. Stanley Mungai	21:24			2. Elliot Beane	25:40
3. Max Morrissey	22:16			3. Molly Lynch	27:56
		40-49			
1. Paul Kamuzora	19:27			1. Julie Dragon	25:58
2. Rob Auger	21:10			2. Janice Villali	26:27
3. Aaron Hero	20:55			3. Sarah Cormier	30:45
		50-59			
1. Peter Welland	21:59			1. Charity Jones	41:37
2. Carlos Sampaio	22:31				
3. Matt Zaterka	23:14				
		60-69			
1. Lester Forgit	26:21			1. Nancy Ryan	26:01
2. Fran Madigan	27:11			2. Cathy Downing	28:39
3. Mike Lynch	27:17			3. Marta Carlso	36:38
		70+			
1. Vin Garofoli	26:07			1. Kathleen Russell	39:47
2. Bob Brady	31:00				
3. John Hendrick	53:13				