

7/29/25 Lake Park 5K Winners - Week 5

		OVERALL			
MALE				FEMALE	
Jack O'Reilly	18:33			Emily Knox	20:09
		0-19			
1. Amani Mbugua	21:37			1. Bridget Durham	25:03
2. Hank Durham	27:26			2. Marjorie Kolterjahn	35:04
3. Mike Durham	29:02			3. Kate Durham	36:14
		20-39			
1. Daniel Daly	22:27			1. Anna Milton	22:59
2. Max Morrissey	22:46			2. Elliot Beane	26:27
3. Brendan Wall	27:04			3. Erica Scholl	29:20
		40-49			
1. Paul Kamuzora	19:24			1. Meghan Durham	36:17
2. Paul McNeil	22:03			2. Robin Graffius	38:02
3. Wilson Kiriungi	24:51				
		50-59			
1. Peter Welland	22:37			1. Cheryl Bechunas	26:19
2. Carlos Sampaio	24:25				
3. David Larrabee	27:05				
		60-69			
1. John Pajer	25:41			1. Nancy Ryan	27:08
2. Jeff Adair, Sr	27:24			2. Cathy Downing	29:11
3. Lester Forgit	27:37			3. Marta Carlson	39:31
		70+			
1. Bob Brady	33:39				