

Lake Park 5K Series - Race 2

Lake Quinsigamond State Park

Worcester, MA

July 8, 2025

Weather - Partly Cloudy, 86° Humidity 62% Wind 5mph W, Feels Like 90°

PLACE	TIME	NAME	Div/Tot	AGE	TOWN	CLUB	BIB #
1	19:28	Jack O'Reilly	1/6	M20-39	Worcester	CMS	367
2	19:55	Paul Kamuzora	1/6	M40-49	Northboro	CMS	340
3	20:27	Steph Reilly	1/3	F40-49	Northbridge	CMS	341
4	21:19	Evan Syers	2/6	M20-39	Worcester	CMS	317
5	21:57	Shawn McCormack	2/6	M40-49	Sturbridge		336
6	22:05	Paul McNeil	3/6	M40-49	Worcester	CMS	345
7	22:53	Peter Welland	1/8	M50-59	Shrewsbury	CMS	365
8	23:26	Max Morrissey	3/6	M20-39	Shrewsbury	CMS	361
9	23:37	Paul Reilly	4/6	M40-49	Northbridge	CMS	342
10	24:13	Alex McCormack	4/6	M20-39	Rochdale		338
11	24:20	Carlos Sampaio	2/8	M50-59	Worcester	CMS	358
12	24:27	David Mitchell	3/8	M50-59	Worcester	CMS	354
13	24:30	Chris Lee	4/8	M50-59	N Grafton	CMS	316
14	25:13	Faith McCormack	1/6	F20-39	Sturbridge		337
15	25:30	John Pajer	1/6	M60-69	Leicester	CMS	335
16	25:52	James Morrissey	5/8	M50-59	W Boylston	CMS	346
17	25:57	Matthew Studholme	2/6	M60-69	Worcester	CMS	344
18	25:58	Cheryl Bechunas	1/2	F50-59	Sutton	CMS	351
19	26:03	Maria Studholme	2/2	F50-59	Worcester	CMS	343
20	26:13	Vin Garofoli	1/2	M70+	Worcester	CMS	339
21	26:43	Jim Hehir	3/6	M60-69	Worcester	CMS	350
22	26:56	Elliot Beane	2/6	F20-39	Worcester	CMS	364
23	27:04	Nancy Ryan	1/2	F60-69	Sutton	CMS	362
24	27:10	Lester Forgit	4/6	M60-69	Worcester	CMS	347
25	27:24	Fran Madigan	5/6	M60-69	Shrewsbury	CMS	357
26	27:33	David Larrabee	6/8	M50-59	Shrewsbury	CMS	373
27	27:48	Rosanna Gessel-Larson	3/6	F20-39	Worcester	CMS	372
28	27:52	James Fidrocki	5/6	M20-39	Worcester	CMS	371
29	28:03	James Dowd	7/8	M50-59	Worcester	CMS	356
30	28:55	Cathy Downing	2/2	F60-69	Webster	CMS	348
31	29:05	Bill Campbell	5/6	M40-49	Holden	CMS	368
32	29:50	Mark Ritz	6/6	M40-49	Worcester	CMS	369
33	30:21	Kristen Fitzsimmons	4/6	F20-39	Worcester	CMS	353
34	30:21	Landon Melton	6/6	M20-39	Shrewsbury	CMS	359
35	32:16	Bob Brady	2/2	M70+	Worcester	CMS	366
36	32:31	Sarah Cormier	2/3	F40-49	Northboro	CMS	355
37	34:35	Meredith Fidrocki	5/6	F20-39	Worcester	CMS	370
38	36:38	Nate Howe	8/8	M50-59	Marlboro	CMS	363
39	38:38	Robin Graffius	3/3	F40-49	Worcester	CMS	252
40	40:43	MacKenzie Gowans	6/6	F20-39	Whitinsville	CMS	360
41	42:55	Curt Downing	6/6	M60-69	Webster	CMS	349
RACE DIRECTORS:		Steve Laska					
VOLUNTEERS:		Linda Marie Simmons, Zack Fitzsimmons, Kim Gordon, Karen Pajer, Karen Lemerise, Paul Lemerise, Barabara McManus, Fiona Walsh, Joe Alfano, Joan Recore, Stephen Carrier, Jennifer Saunders, Linda Luthman, Claire Foley, Julian Goding, Heidi Richard, Patrick Keary, Al Morrissey, Meghan MacDonald, Anna Gawrych..					
Timing and Scoring by Central Mass Striders www.cmsrun.org							
Corrections please e-mail centralmassstridersresults@gmail.com							