CMS 52-Week 5K Series - Week 42

Worcester State University

Worcester, MA

October 17, 2026

Weather - Cloudy 44°. Humidity 70%. Dew Point 35°. Wind 11 mph NNW. Feels Like 33°.

5K or 10K Option This Week.

5K RESULTS

PLACE	TIME	NAME	Div/Tot	AGE	TOWN	CLUB
1	18:30	Matthew Thyous	1/3	M0-19	Worcester	South High
2	18:52	William Thyous	2/3	M0-19	Worcester	South High
3	19:53	Daniel Falzarano	1/4	M20-39	Ashland	Almost Friday Running Club
4	20:54	Steve Kelly	2/4	M20-39	Douglas	CMS
5	21:38	Mark Swistak	1/2	M40-49	W Brookfield	CMS
6	22:35	Justus Wallen	3/3	M0-19	Worcester	South High
7	23:23	Kevin Ritchie	2/2	M40-49	Worcester	CMS
8	25:40	Michael Falzarano	3/4	M20-39	Ashland	
9	25:43	Vin Garofoli	1/4	M70+	Worcester	CMS
10	25:49	Shannon Ruiz	1/4	F20-39	Worcester	QCC
11	26:07	Matt Falvey	1/6	M60-69	Worcester	CMS
12	27:11	Dave Leidel	2/4	M70+	Worcester	CMS
13	27:34	Ethan Paredes	4/4	M20-39	Worcester	WPI
14	28:40	Mike Lynch	2/6	M60-69	Worcester	CMS
15	28:53	Dave Krom	3/6	M60-69	Worcester	CMS
16	29:33	Alex Sevitelli	2/4	F20-39	Worcester	
17	29:34	Molly Lynch	3/4	F20-39	Worcester	CMS
18	29:40	Jessica Poyser	4/4	F20-39	Worcester	
19	29:55	Liz Leidel	1/1	F40-49	Worcester	CMS
20	30:46	Deb Davis	1/1	F60-69	Holden	CMS
21	31:06	Stephen Trombley	1/2	M50-59	Boylston	CMS
22	31:13	Ronnie Thyous	4/6	M60-69	Worcester	CMS
23	33:55	Juliet Feibel	1/1	F50-59	Worcester	
24	34:32	Steve Hubley	5/6	M60-69	Millbury	CMS
25	34:33	Drew Durski	3/4	M70+	Oxford	CMS
26	34:51	Mike Keating	6/6	M60-69	Upton	CMS
27	38:59	Nate Howe	2/2	M50-59	Marlboro	CMS
28	40:39	Al Morrissey	4/4	M70+	Shrewsbury	CMS

10K RESULTS

PLACE	TIME	NAME	Div/Tot	AGE	TOWN	CLUB	5K SPLITS	BIB #
1	39:44	Rob Auger	1/1	M40-49	Millbury	CMS	19:53	219
2	44:08	Nate Mierzejewski	1/1	M20-39	Holden	CMS	22:15	211
3	48:23	Eric Mierzejewski	1/2	M50-59	Holden	CMS	24:05	216
4	53:29	David Maher	1/1	M60-69	N Brookfield	CMS	26:47	206
5	54:40	Carlos Sampaio	2/2	M50-59	Worcester	CMS	28:29	217
6	56:16	Vanete Inacio	1/1	F50-59	Worcester	CMS	28:29	218

DIRECTION: Counter-Clockwise

VOLUNTEERS: Joe Alfano, Bob Brady, Karen Pajer, Linda Simmons, Scott Schaeffer-Duffy, Jennifer Saunders, Colleen Thyous. Steve Laska, Kim Laska.

Timing and Scoring by Central Mass Striders www.cmsrun.org

Corrections please e-mail centralmassstridersresults@gmail.com