CMS 52-Week 5K Series - Week 45

Worcester State University

Worcester, MA

November 1, 2026

Weather Misty Start-Light Rain Finish 55°. Humidity 92%. Dew Point 53°. Wind 6 mph N. Feels Like 52°.

| PLACE | TIME | NAME | Div/Tot | AGE | TOWN | CLUB |
|---|---|---|---|---|---|---|
| 1 | 17:48 | Sammy Gatuiku | 1/9 | M0-19 | Worcester | South High |
| 2 | 17:58 | Matthew Thyous | 2/9 | M0-19 | Worcester | South High |
| 3 | 18:05 | Mark Swistak | 1/4 | M40-49 | W Brookfield | CMS |
| 4 | 18:12 | William Thyous | 3/9 | M0-19 | Worcester | South High |
| 5 | 18:57 | Luca Kunakemakorn | 4/9 | M0-19 | Worcester | CMS |
| 6 | 19:59 | Andrew Mita | 2/5 | M40-49 | Worcester | CMS |
| 7 | 20:15 | Pat Ryan | 3/4 | M40-49 | Auburn | CMS |
| 8 | 20:34 | Nate Mierzejewski | 1/1 | M20-39 | Holden | CMS |
| 9 | 21:15 | David Dallto | 5/9 | M0-19 | Worcester | South High |
| 10 | 21:19 | Justus Wallen | 6/9 | M0-19 | Worcester | South High |
| 11 | 23:01 | Carlos Rivera | 1/4 | M50-59 | Springfield | GSH |
| 12 | 24:00 | Trey Doane | 7/9 | M0-19 | N Brookfield | Valley View |
| 13 | 24:07 | Sophie Sus | 1/2 | M0-19 | Worcester | South High |
| 14 | 25:10 | Dave Leidel | 1/4 | M70+ | Worcester | CMS |
| 15 | 25:31 | David Maher | 1/7 | M60-69 | N Brookfield | CMS |
| 16 | 26:02 | Carlos Sampaio | 2/4 | M50-59 | Worcester | CMS |
| 17 | 26:09 | Shannon Ruiz | 1/2 | F20-39 | Worcester | QCC |
| 18 | 26:42 | David Rivera | 2/7 | M60-69 | Springfield | GSH |
| 19 | 26:54 | Matthew Falvey | 3/7 | M60-69 | Worcester | CMS |
| 20 | 27:03 | Vin Garofoli | 2/4 | M70+ | Worcester | CMS |
| 21 | 27:17 | Jeff Adair, Sr | 4/7 | M60-69 | Worcester | CMS |
| 22 | 27:27 | Vanete Inacio | 1/3 | F50-59 | Worcester | CMS |
| 23 | 27:41 | Mike Lynch | 5/7 | M60-69 | Worcester | CMS |
| 24 | 28:24 | Allyson Brennan | 2/2 | F20-39 | Westboro | |
| 25 | 30:05 | Liz Leidel | 1/1 | F40-49 | Worcester | CMS |
| 26 | 30:18 | Scott Schaeffer-Duffy | 6/7 | M60-69 | Worcester | CMS |
| 27 | 30:40 | Ronnie Thyous | 7/7 | M60-69 | Worcester | CMS |
| 28 | 31:04 | Stephen Trombley | 3/4 | M50-59 | Boylston | CMS |
| 29 | 31:15 | Deb Davis | 1/1 | F60-69 | Holden | CMS |
| 30 | 31:54 | Al Morrissey | 3/4 | M70+ | Shrewsbury | CMS |
| 31 | 32:11 | Juliet Feibel | 2/3 | F50-59 | Worcester | CMS |
| 32 | 32:39 | Drew Durski | 4/4 | M70+ | Oxford | CMS |
| 33 | 33:57 | Cathy Marshall | 3/3 | M50-59 | Worcester | CMS |
| 34 | 34:57 | Coco Auger | 2/2 | F0-19 | Millbury | CMS |
| 35 | 35:06 | Rob Auger | 4/4 | M40-49 | Millbury | CMS |
| 36 | 37:02 | Mike Berrin | 8/9 | M0-19 | N Brookfield | Valley View |
| 37 | 39:22 | Nate Howe | 4/4 | M50-59 | Marlboro | CMS |
| 38 | 41:10 | Locke Glissmeyer | 9/9 | M0-19 | N Brookfield | Valley View |

**DIRECTION:** Clockwise

**VOLUNTEERS:** Joe Alfano, Paul Lemerise, Bob Brady, Karen Pajer, Linda Simmons, Matt Hall, Julie Dragon, Erik Stedman, Colleen Thyous, John Pajer.

Timing and Scoring by Central Mass Striders www.cmsrun.org

Corrections please e-mail centralmassstridersresults@gmail.com