

CMS 52-Week 5K Series - Week 3

Worcester State University

Worcester, MA

January 17, 2026

Weather - Cloudy, 32°. Humidity 80%. Wind 7 mph SW, Feels Like 25°. Snow covered roads.

5K or 10K Option This Week.

5K RESULTS

PLACE	TIME	NAME	Div/Tot	AGE	TOWN	CLUB
1	20:58	Rob Auger	1/1	M40-49	Millbury	CMS
2	25:55	James Morrissey	1/2	M50-59	W Boylston	CMS
3	26:48	Julie Dragon	1/1	F40-49	Sturbridge	CMS
4	34:54	Rick Wood	2/2	M50-59	Paxton	CMS
5	35:56	Al Morrissey	1/1	M70+	Shrewsbury	CMS
6	37:41	Marta Carlson	1/1	F60-69	Paxton	CMS

10K RESULTS

PLACE	TIME	NAME	Div/Tot	AGE	TOWN	CLUB	5K SPLITS	BIB #
1	44:43	Kevin Merchant	1/2	M40-49	Auburn	CMS	22:04	2919
2	50:40	Matt Zaterka	1/3	M50-59	Paxton	CMS	26:05	2924
3	50:53	Carlos Sampaio	2/3	M50-59	Worcester	CMS	26:09	2925
4	51:55	Erich Mierzejewski	3/3	M50-59	Holden	CMS	26:09	2920
5	55:36	Erik Stedman	1/2	M60-69	Grafton	CMS	26:48	2922
6	59:25	Jeff Adair, Sr	2/2	M60-69	Worcester	CMS	29:23	2923
7	1:00:36	Tom Fournier	2/2	M40-49	Sutton	CMS	30:22	2917
8	1:00:43	Kelly Taylor	1/1	F20-39	Webster		30:24	2918

DIRECTION: Counter-Clockwise

VOLUNTEERS: Joe Alfano, Karen Pajer, Bob Brady, Matt Hall, Scott Schaeffer-Duffy.

Timing and Scoring by Central Mass Striders www.cmsrun.org

Corrections please e-mail centralmassstridersresults@gmail.com