

CMS 52-Week 5K Series - Week 5

Worcester State University

Worcester, MA

January 31, 2026

Weather - Sunny, 8°. Humidity 66% Wind 7 mph NW Feels Like 7°.

Alternate Course due to Poor Road Conditons - Narrow Roads & High Snow Banks left from Sunday's 22.4" Storm
3 Loops around WSU Campus - Wheel Measured 5,286 meters

PLACE	TIME	NAME	Div/Tot	AGE	TOWN	CLUB	
1	24:57	Carlos Sampaio	1/7	M50-59	Worcester	CMS	
2	24:59	Erich Mierzejewski	2/7	M50-59	Holden	CMS	
3	26:08	Linda Spooner	1/2	F50-59	Sturbridge	CMS	
4	27:44	James Morrissey	3/7	M50-59	W Boylsothn	CMS	
5	28:04	Mike Bresnahan	4/7	M50-59	Whitinsville	CMS	
6	28:55	Susan Tanona	1/2	F60-69	Worcester	CMS	
7	28:59	David Maher	1/2	M60-69	N Brookfield	CMS	
8	29:25	Julie Dragon	1/1	F40-49	Sturbridge	CMS	
9	29:41	Chris Waslaske	5/7	M50-59	Athol	CMS	
10	30:29	Rick Wood	6/7	M50-59	Paxton	CMS	
11	31:02	Jeff Adair, Sr	2/2	M60-69	Worcester	CMS	
12	37:59	Al Morrissey	1/1	M70+	Shrewsbury	CMS	
13	40:48	Marta Carlson	2/2	F60-69	Paxton	CMS	
14	49:38	Jennifer Saunders	2/2	F50-59	Worcester	CMS	self-timed
		Joe Alfano		M50/59	Holden	CMS	Sweeper

DIRECTION: Clockwise

VOLUNTEERS: Joe Alfano, Karen Pajer, Bob Brady, Linda Luthman, Matt Hall, Scott Schaeffer-Duffy, Mark Swistak, John Pajer,

Timing and Scoring by Central Mass Striders www.cmsrun.org

Corrections please e-mail centralmassstridersresults@gmail.com