

CMS 52-Week 5K Series - Week 9

Worcester State University

Worcester, MA

February 28, 2026

Weather - Sunny, 36°. Humidity 77%. Wind 9 mph SSW. Feels Like 33°.

Alternate Course due to Poor Road Conditions - Narrow Roads & High Snow Banks left from 22.4" Storm on 2/1/26.

And 13.7" Storm on 2/23/26.

3 Loops around WSU Campus - Wheel Measured 5,286 meters

PLACE	TIME	NAME	Div/Tot	AGE	TOWN	CLUB	
1	21:32	Andrew Mita	1/4	M40-49	Worcester	CMS	
2	21:58	Kevin Merchant	2/4	M40-49	Auburn	CMS	
3	22:29	Kyle Belmonte	1/2	M20-39	Charlton		
4	24:22	Eion Gaj	2/2	M20-39	Worcester	CMS	
5	25:19	Erich Mierzejewski	1/7	M50-59	Holden	CMS	
6	25:31	Linda Spooner	1/2	F50-59	Sturbridge	CMS	
7	25:47	Kevin Ritchie	3/4	M40-49	Worcester	CMS	
8	25:50	Carlos Sampaio	2/7	M50-59	Worcester	CMS	
9	27:49	Erik Stedman	1/4	M60-69	Grafton	CMS	
10	28:25	Mike Bresnahan	3/7	M50-59	Whitinsville	CMS	
11	29:00	David Maher	2/4	M60-69	N Brookfield	CMS	
12	29:32	Julie Dragon	1/1	F40-49	Sturbridge	CMS	
13	30:17	Mark Swistak	4/4	M40-49	W Brookfield	CMS	
14	30:28	Rick Wood	4/7	M50-59	Paxton		
15	30:40	Vanette Inacio	2/2	F50-59	Worcester	CMS	
16	32:05	Karim Saunders	5/7	M50-59	Worcester	CMS	
17	34:03	Matthew Falvey	3/4	M60-69	Worcester	CMS	
18	36:08	Mike Keating	4/4	M60-69	Worcester	CMS	
19		James Morrissey	6/7	M50-59	W Boylston	CMS	Sweeper
20		Joe Alfano	7/7	M50-59	Holden	CMS	Sweeper

**DIRECTION:** Clockwise

**VOLUNTEERS:** Joe Alfano, Karen Pajer, Bob Brady, Linda Luthman, Linda Simmons, Matt Hall, John Pajer, James Morrissey, Scott Schaeffer-Duffy,

Timing and Scoring by Central Mass Striders [www.cmsrun.org](http://www.cmsrun.org)

Corrections please e-mail [centralmassstridersresults@gmail.com](mailto:centralmassstridersresults@gmail.com)