

CMS 52-Week 5K Series - Week 10

Worcester State University

Worcester, MA

March 7, 2026

Weather - Drizzle, 35°. Humidity 86%. Wind 8 mph SSW. Feels Like 29°.

Alternate Course due to Poor Road Conditions - Narrow Roads & High Snow Banks left from 22.4" Storm on 1/25/26.

And 13.7" Storm on 2/23/26.

3 Loops around WSU Campus - Wheel Measured 5,286 meters

PLACE	TIME	NAME	Div/Tot	AGE	TOWN	CLUB	
1	21:30	Rob Auger	1/3	M40-49	Millbury	CMS	
2	23:11	Aaron Hero	2/3	M40-49	Boylston	CMS	
3	24:12	Jon Miganowicz	1/2	M20-39	Templeton	NMC	
4	25:04	Matt Zaterka	1/7	M50-59	Paxton	CMS	
5	25:26	Kevin Ritchie	3/3	M40-49	Worcester	CMS	
6	26:24	Carlos Sampaio	2/7	M50-59	Worcester	CMS	
7	26:26	Erich Mierzejewski	3/7	M50-59	Holden	CMS	
8	27:11	James Morrissey	4/7	M50-59	W Boylston	CMS	
9	27:28	Erik Stedman	1/3	M60-69	Grafton	CMS	
10	28:18	Julie Dragon	1/1	F40-49	Sturbridge	CMS	
11	28:46	Chris Waslaske	5/7	M50-59	Athol	CMS	
12	29:59	Vanette Inacio	1/1	F50-59	Worcester	CMS	
13	30:44	James Masten	2/2	M20-39	Fitchburg	CMS	
14	32:19	Rick Wood	6/7	M50-59	Paxton	CMS	
15	35:13	David Ndegwa	2/3	M60-69	Grafton	CMS	
16	36:21	Mike Keating	3/3	M60-69	Worcester	CMS	
17	36:48	Stephen Trombley	7/7	M50-59	Boylston	CMS	
18	37:07	Sue Druker	1/1	F70+	Worcester	CMS	
19	37:48	Al Morrissey	1/1	M70+	Shrewsbury	CMS	
20	38:25	Deb Davis	1/2	F60-69	Holden	CMS	
21	40:31	Marta Carlson	2/2	F60-69	Paxton	CMS	
	29:38	Vin Garofoli	1/1	M70+	Worcester	CMS	3.1 on Road - Self-timed

**DIRECTION:** Clockwise

**VOLUNTEERS:** Joe Alfano, Karen Pajer, Bob Brady, Linda Luthman, Linda Simmons, Matt Hall, John Pajer.

Timing and Scoring by Central Mass Striders [www.cmsrun.org](http://www.cmsrun.org)

Corrections please e-mail [centralmassstridersresults@gmail.com](mailto:centralmassstridersresults@gmail.com)