

CMS 52-Week 5K Series - Week 20

Worcester State University

Worcester, MA

May 16, 2026

Weather - Sunny, 59°. Humidity 74%. Wind 8 mph W, Feels Like 54°.

5K or 10K Option This Week.

5K RESULTS

PLACE	TIME	NAME	Div/Tot	AGE	TOWN	CLUB
1	19:53	Gage Delgado	1/2	M20-39	New York City, NY	Clark
2	21:29	Aaron Hero	1/3	M40-49	Boylston	CMS
3	23:07	Jaxson Auger	1/2	M0-19	Littleton	
4	23:34	Erich Mierzejeski	1/7	M50-59	Holden	CMS
5	24:11	Carlos Sampaio	2/7	M50-59	Worcester	CMS
6	24:19	Michael Stentzel	2/2	M20-39	Clinton	CMS
7	24:26	Sebastian Tapia	3/7	M50-59	Worcester	CMS
8	25:57	Steven O'Leary	4/7	M50-59	Worcester	CMS
9	26:19	Dave Leidel	1/2	M70+	Worcester	CMS
10	26:46	Erik Stedman	1/2	M60-69	Grafton	CMS
11	27:08	Vanette Inacio	1/2	F50-59	Worcester	CMS
12	27:19	Julie Dragon	1/2	F40-49	Sturbridge	CMS
13	27:30	Scott Schaeffer-Duffy	2/2	M60-69	Worcester	CMS
14	28:12	Rick Wood	5/7	M60-69	Paxton	CMS
15	30:16	Sarah Roberge	1/1	F20-29	Worcester	WPI
16	30:29	Linda Roberge	2/2	F50-59	Wylie, TX	
17	31:44	Coco Auger	1/3	F0-19	Millbury	CMS
18	31:45	Rob Auger	1/3	M40-49	Millbury	CMS
19	32:21	Mike Bresnahan	6/7	M50-59	Whitinsville	CMS
20	33:10	Liz Leidel	2/2	F40-49	Worcester	CMS
21	33:13	Deb Davis	1/2	F60-69	Holden	CMS
22	34:22	Al Morrissey	2/2	M70+	Shrewsbury	CMS
23	36:19	Bill Gonsorcik	7/7	M50-59	Worcester	CMS
24	36:57	Marta Carlson	2/2	F60-69	Paxton	CMS
25	41:06	Anh Nguyen	2/3	F0-19	Worcester	South High
26	42:39	Cici Auger	3/3	F0-19	Millbury	CMS
27	44:23	Khoa Nguyen	3/3	M40-49	Worcester	CMS
28	46:25	Billy Nguyen	2/2	M0-19	Worcester	South High

10K RESULTS

PLACE	TIME	NAME	Div/Tot	AGE	TOWN	CLUB	5K SPLITS	BIB #
1	41:51	Kevin Merchant	1/2	M40-49	Auburn	CMS	20:22	7142
2	51:23	Simon Muchohi	1/1	M50-59	Marlboro	CMS	24:08	7151
3	55:49	David Maher	1/3	M60-69	N Brookfield	CMS	27:42	7148
4	56:05	Jim Hehir	2/3	M60-69	Worcester	CMS	27:58	7147
5	58:45	Jeff Adair, Sr	3/3	M60-69	Worcester	CMS	27:17	7157
6	58:55	Bill Campbell	2/2	M40-49	Holden	CMS	29:08	7167

DIRECTION: Counter-Clockwise

VOLUNTEERS: Joe Alfano, Karen Pajer, Linda Luthman, Matt Hall, Vin Garofoli, Paul Lemerise.

Timing and Scoring by Central Mass Striders www.cmsrun.org

Corrections please e-mail centralmassstridersresults@gmail.com