

CMS 52-Week 5K Series - Week 19

Worcester State University

Worcester, MA

May 9, 2026

Weather - Drizzle 46°. Humidity 83%. Wind 4mph E Feels Like 43°.

PLACE	TIME	NAME	Div/Tot	AGE	TOWN	CLUB
1	19:45	Mark Swistak	1/3	M40-49	W Brookfield	CMS
2	20:08	Paul Kamuzora	2/3	M40-49	Northboro	CMS
3	21:11	Aaron Hero	3/3	M40-49	Boylston	CMS
4	25:03	Michael Stentzel	1/2	M20-39	Clinton	CMS
5	25:16	James Morrissey	1/6	M50-59	W Boylston	CMS
6	25:56	David Maher	1/1	M60-69	N Brookfield	CMS
7	26:09	Jeremy Snyder	2/6	M50-59	Holden	CMS
8	26:22	Carlos Sampaio	3/6	M50-59	Worcester	CMS
9	26:22	Erich Mierzejewski	4/6	M50-59	Holden	CMS
10	26:37	Sarah Roberge	1/1	F20-39	Worcester	WPI
11	26:42	Ethan Paredes	2/2	M20-39	Worcester	WPI
12	27:15	Julie Dragon	1/1	F40-49	Sturbridge	CMS
13	27:18	Vanette Inacio	1/1	F50-59	Worcester	CMS
14	29:23	Rick Wood	5/6	M50-59	Paxton	CMS
15	31:09	Shannon Ruiz	1/1	F0-19	Worcester	QCC
16	31:27	Stephen Trombley	6/6	M50-59	Boylston	CMS
17	36:45	Marta Carlson	1/1	F60-69	Paxton	CMS

**DIRECTION:** Counter-Clockwise

**VOLUNTEERS:** Bob Brady, Linda Simmons, Karen Pajer, Paul Lemerise.

Timing and Scoring by Central Mass Striders [www.cmsrun.org](http://www.cmsrun.org)

Corrections please e-mail [centralmassstridersresults@gmail.com](mailto:centralmassstridersresults@gmail.com)