

			CMS 52-Week 5K Series - Week 34				
			Worcester State University				
			Worcester, MA				
August 22, 2026							
	Weather Cloudy 66°. Humidity 78%. Dew Point 59°. Wind 7 mph NE. Feels Like 63°.						
PLACE	TIME	NAME	Div/Tot	AGE	TOWN	CLUB	
1	18:19	Mark Swistak	1/2	M40-49	W Brookfield	CMS	
2	19:25	Neway Odell	1/10	M0-19	Worcester	Worc Tech	
3	19:37	Daniel Rivera	2/10	M0-19	Worcester	Worc Tech	
4	20:00	Stanley Mungai	1/3	M20-39	Worcester	CMS	
5	20:23	Matthew Thyous	3/10	M0-19	Worcester	South High	
6	20:33	Hope Seck	1/3	F20-39	Spencer	CMS	
7	21:58	Sebastian Tapia	1/8	M50-59	Worcester	CMS	
8	22:19	Evan Nelson	2/3	M20-39	Worcester		
9	22:24	Matt Zaterka	2/8	M50-59	Paxton	CMS	
10	22:30	Miguel Reissaeirreicao	3/3	M20-39	Lisben, Portugal		
11	23:08	Simon Muchohi	3/8	M50-59	Marlboro	CMS	
12	23:25	James Morrissey	4/8	M50-59	W Boylston	CMS	
13	23:30	Carlos Rivera	5/8	M50-59	Springfield	GSH	
14	24:10	Hicham Maalouf	6/8	M50-59	Holden	CMS	
15	26:04	David Maher	1/8	M60-69	N Brookfield	CMS	
16	26:27	Vin Garofoli	1/2	M70+	Worcester	CMS	
17	26:34	David Dalto	4/10	M0-19	Worcester	South High	
18	26:48	Shannon Ruiz	2/3	F20-39	Worcester	QCC	
19	26:59	Jim Hehir	2/8	M60-69	Worcester	CMS	
20	27:05	David Rivera	3/8	M60-69	Springfield	GSH	
21	27:17	Jeff Adair, Sr	4/8	M60-69	Worcester	CMS	
22	27:21	Julie Dragon	1/2	F40-49	Sturbridge	CMS	
23	27:25	Barbara McManus	1/1	F50-59	Rutland	CMS	
24	27:25	John Walsh	7/8	M50-59	Rutland	CMS	
25	27:28	Horatio Oliver	5/10	M0-19	Worcester	South High	
26	27:35	Erfrain Valentin	6/10	M0-19	Worcester		
27	27:36	Sarah Roberge	3/3	F20-39	Worcester	WPI	
28	27:48	Kenia Castellanos	2/2	F40-49	Millbury	CMS	
29	27:58	Dave Krom	5/8	M60-69	Worcester	CMS	
30	29:20	David Ndegwa	6/8	M60-69	Grafton	CMS	
31	31:11	Deb Davis	1/2	F60-69	Holden	CMS	
32	31:23	Ronnie Thyous	7/8	M60-69	Worcester		
33	31:32	Javier Pichardo	7/10	M0-19	Worcester	South High	
34	32:48	Steve Hubley	8/8	M60-69	Millbury	CMS	
35	32:55	Frank Crogan	8/8	M50-59	Millbury	CMS	
36	33:22	Al Morrissey	2/2	M70+	Shrewsbury	CMS	
37	35:24	Marta Carlson	2/2	F60-69	Paxton	CMS	
38	36:58	Daniel Pleydon	8/10	M0-19	Worcester	South High	
39	36:59	Jordan Dennett	9/10	M0-19	Worcester		
40	42:03	Anh Nguyen	1/1	F0-19	Worcester	South High	
41	42:23	Khoa Nguyen	2/2	M40-49	Worcester	CMS	
42	42:23	Billy Nguyen	10/10	M0-19	Worcester	South High	
DIRECTION:	Clockwise						
VOLUNTEERS: Joe Alfano, Karen Pajer, Paul Lemerise, Linda Simmons, Bob Brady, Matt Hall, John Pajer.							
Timing and Scoring by Central Mass Striders www.cmsrun.org							
Corrections please e-mail centralmassstridersresults@gmail.com							