

			CMS 52-Week 5K Series - Week 39				
			Worcester State University				
			Worcester, MA				
September 26, 2026							
Weather Overcat 55°. Humidity 84%. Dew Point 51°. Wind 20 mph N.E Feels Like 51°.							
PLACE	TIME	NAME	Div/Tot	AGE	TOWN	CLUB	
1	19:28	Nate Mierzejewski	1/5	M20-39	Holden	CMS	
2	20:02	Andrew Mita	1/2	M40-49	Worcester	CMS	
3	20:30	Norman Everett	2/5	M20-39	Worcester	CMS	
4	20:34	Mark Swistak	2/2	M40-49	W Brookfield	CMs	
5	21:12	Linda Spooner	1/2	F50-59	Sturbridge	CMS	
6	23:11	St Cyr Dimache	3/5	M20-39	Worcester	CMS	
7	23:19	Carlos Sampaio	1/4	M50-59	Worcester	CMS	
8	23:33	James Morrissey	2/4	M50-59	W Boylston	CMS	
9	24:39	Michael Stentzel	4/5	M20-39	Clinton	CMS	
10	25:40	Shannon Ruiz	1/1	F20-39	Worcester	QCC	
11	25:58	Vin Garofoli	1/2	M70+	Worcester	CMS	
12	26:56	Vanete Inacio	2/2	F50-59	Worcester	CMS	
13	27:21	Julie Dtagon	1/1	F40-49	Sturbridge	CMS	
14	28:05	David Maher	1/1	M60-69	N Brookfield	CMS	
15	29:38	Rick Wood	3/4	M50-59	Paxton	CMS	
16	30:47	Mike Perrin	1/2	M0-19	N Brookfield	Valley View	
17	31:35	Freddy Ryser	2/2	M0-19	N Brookfield	Valley View	
18	31:55	Al Morrissey	2/2	M70+	Shrewsbury	CMS	
19	36:13	Marta Carlson	1/1	M60-69	Holden	CMS	
20	37:24	Nate Howe	4/4	M50-59	Marlboro	CMS	
21	41:55	Nicholas Parham	5/5	M20-39	Worcester	CMS	
DIRECTION:	Clockwise						
VOLUNTEERS:	Joe Alfano, Paul Lemerise, Linda Simmons, Matt Hall, Linda Luthman, Bob Brady, Karen Pajer.						
Timing and Scoring by Central Mass Striders www.cmsrun.org							
Corrections please e-mail centralmassstridersresults@gmail.com							