

Nick Kanaracus 5K

South High School

Worcester, MA

October 20, 2024

Weather - Sunny, 69°. Humidity 36%. Wind 7 mph W.

PLACE	TIME	NAME	Div/Tot	AGE	TOWN	CLUB	BIB	
1	20:48	Patrick Lambert	1/12	M0-19	Worcester	South High	408	1st Place M0-19
2	21:44	Pau Cuberes	2/12	M0-19	Worcester	South High	428	2nd Place M0-19
3	21:45	Isaiah Jacques	3/12	M0-19	Worcester	South High	421	3rd Place M0-19
4	23:28	Carlos Sampaio	1/3	M50-59	Worcester	CMS	435	1st Place Adult Male
5	23:36	Jordan Dennett	4/12	M0-19	Worcester	South High	409	
6	23:44	Ahmad Adris	5/12	M0-19	Worcester	South High	426	
7	24:02	Jeremy Lambert	1/4	M40-49	Worcester		420	2nd Place Adult Male
8	24:02	Matt Zaterka	2/3	M50-59	Paxton	CMS	434	
9	24:46	Tevin Mbogo	6/12	M0-19	Worcester	South High	401	
10	24:58	Adam Langmaid	3/3	M50-59	Merrimack, NH		430	
11	26:44	Caitlyn Bailey	1/2	F20-39	Worcester		422	1st Place Adult Female
12	27:35	Hicham Maalouf	2/4	M40-49	Holden	CMS	410	
13	27:41	Heidy Rodriguez	1/8	F0-19	Worcester	South High	427	1st Place F0-19
14	27:58	Tevis Mbogo	7/12	M0-19	Worcester	South High	406	
15	28:12	Patrick Duffy	1/1	M20-39	Providence, RI	South High	432	
16	28:13	Delaney Quinn	2/8	F0-19	Worcester	South High	405	2nd Place F0-19
17	28:55	David Cuberes	3/4	M40-49	Worcester		429	
18	29:00	Michael Ansel	8/12	M0-19	Worcester	South High	436	
19	29:02	Regan Maxwell	3/8	F0-19	Worcester	South High	418	3rd Place F0-19
20	29:48	Vanette Inacio	1/2	F50-59	Worcester	CMS	437	2nd Place Adult Female
21	30:35	David Maher	1/1	M60-69	N Brookfield	CMS	412	
22	32:04	Adel Benchemam	9/12	M0-19	Worcester	South High	423	
23	32:41	Jennifer Le	4/8	F0-19	Worcester	South High	415	
24	33:58	John Bergin	1/2	M70+	Melrose		411	
25	34:06	Bob Brady	2/2	M70+	Worcester	CMS	425	
26	34:23	Sarah Patenaude	2/2	F20-39	Worcester		438	
27	35:06	Danielle Pachaco	2/2	F50-59	Worcester		414	
28	36:26	Claire Schaeffer-Duffy	1/2	F60-69	Worcester	CMS	426	
29	37:08	Alex Delisio	10/12	M0-19	Worcester	South High	402	
30	37:10	Liam Garland	11/12	M0-19	Worcester	South High	407	
31	37:18	Mohamed Alhafez	12/12	M0-19	Worcester	South High	419	
32	37:49	Rachael Perry	5/8	F0-19	Worcester	South High	417	
33	37:50	Dawn Perry	1/1	F40-49	Worcester		413	
34	38:09	Anh Nguyen	6/8	F0-19	Worcester	South High	404	
35	38:25	Shella Chau	7/8	F0-19	Worcester	South High	403	
36	38:32	Khoa Nguyen	4/4	M40-49	Worcester		431	
37	41:15	Marta Carlson	2/2	F60-69	Paxton	CMS	433	
38	44:48	Anh Nguyen	8/8	F0-19	Worcester	South High	416	
3.5 mile	34:09	Paul Kamuzora		M40-49	Northboro	CMS	440	
3.5 Mile	34:09	Patrick Byrne		M40-49	Fitchburg	CMS	439	

DIRECTION: Cross Country Course

VOLUNTEERS: Karen Pajer, Scott Schaeffer-Duffy, Tammy Bailey, Linda Marie Simmons.

Timing and Scoring by Central Mass Striders www.cmsrun.org
 Corrections please e-mail centralmassstridersresults@gmail.com