

21st Annual JHC Home Run 5K Run/Walk						
Jewish Healthcare Center						
Worcester, MA						
September 29, 2024						
Weather - Cloudy, 59°. Humidity 79%. Wind ENE 5mph.						
PLACE	TIME	NAME	Div/Tot	AGE	TOWN	BIB #
1	19:29	Mike Allen	1/3	M30-39	Worcester	319
2	19:36	Andrew Mita	1/6	M40-49	Worcester	252
3	19:57	Linda Spooner	1/7	F50-59	Sturbridge	271
4	22:19	Peter Welland	1/6	M50-59	Shrewsbury	288
5	23:08	Katie Wilson	1/7	F30-39	Worcester	290
6	23:54	Owen Chrudimsky	1/11	M0-19	Holden	173
7	23:58	Lester Forgit	1/8	M60-69	Worcester	302
8	24:53	Jared Chrudimsky	2/6	M40-49	Holden	174
9	25:02	David Maher	2/8	M60-69	N Brookfield	305
10	25:12	Mandy Baliva	1/5	F40-49	Worcester	102
11	25:12	-----URO-----				
12	25:51	Andrew MacDonald	2/3	M30-39	Jefferson	320
13	26:03	Kristin Hintlian	2/5	F40-49	Spencer	309
14	26:10	Patrick Maloney	3/6	M40-49	Worcester	294
15	26:12	Rick Wood	2/6	M50-59	Paxton	292
16	26:46	Mark Waddell	4/6	M40-49	Worcester	283
17	26:58	Annabelle Huffman	1/5	F20-39	Worcester	313
18	27:06	Ethan Bloomberg	3/8	M60-69	Boxboro	104
19	27:53	Brain Shea	4/8	M60-69	E Brookfield	270
20	28:31	Adam Kotsopoulos	5/6	M40-49	Worcester	193
21	28:41	Steve Prouty	1/2	M70+	Spencer	310
22	28:57	Jonah Kafka	2/11	M0-19	N Brookfield	307
23	29:04	Tom O'Shea	3/6	M50-59	Holden	315
24	29:10	Dianna Mukala	2/7	F30-39	Worcester	254
25	29:10	Michelle Bourget	3/7	F30-39	Brimfield	106
26	29:12	Damian Rodriguez	3/11	M0-19	Worcester	265
27	29:37	Brendan O'Shea	4/11	M0-19	Holden	258
28	29:48	Jess Kosztyla	2/5	F20-39	Worcester	192
29	29:53	Jack Foley	5/8	M60-69	Holden	312
30	30:37	Samuel Richardson	5/11	M0-19	Worcester	264
31	30:52	Brian Savilonis	2/2	M70+	Princeton	268
32	32:26	Jackie Magerowski	4/7	F30-39	Worcester	197
33	32:41	Anna Gawrych	1/7	F60-69	Millbury	308
34	33:49	Sophie Welland	1/1	F0-19	Shrewsbury	287
35	34:01	Bruce Leger	6/8	M60-69	Worcester	295
36	34:12	Matthew Gilarde	4/6	M50-59	Marshfield	298
37	34:50	Claire Norberg	2/7	F60-69	Oakham	257
38	35:16	Steven Hass	7/8	M60-69	Worcester	188
39	37:56	David Huffman	5/6	M50-59	Worcester	314
40	40:59	Benny the dog				
41	41:10	John Maloney	6/11	M0-19	Worcester	311
42	41:13	Kathleen Comer	1/2	F70+	Worcester	178
43	42:25	Esther Stidham	2/7	F50-59	Holden	273
44	42:45	Ann Neuburg	2/2	F70+	Princeton	256
45	44:58	Grady Spector	7/11	M0-19	N Brookfield	306
46	46:14	Wennie Amechi	3/5	F40-49	Worcester	300
47	46:17	Miles Lefebure	8/11	M0-19	Worcester	317
48	46:19	Ben Richardson	9/11	M0-19	Worcester	316
49	46:35	Andrew Guida	10/11	M0-19	Worcester	186
50	48:28	Susan Stomski	3/7	F60-69	Dudley	274
51	48:28	Sarah Ssentongo	3/7	F50-59	Worcester	301

52	49:26	Anne Reeder		5/7	F30-39	Worcester	263
53	49:36	Juanita Pignataro		4/7	F50-59	Worcester	261
54	50:42	Michelle Caissie		5/7	F50-59	Charlton	107
55	50:47	Russell Caissie		6/6	M50-59	Charlton	108
56	50:48	Madison White		3/5	F20-29	Charlton	289
57	50:48	Cameron Caissie		1/2	M20-29	Charlton	109
58	51:27	Max Herman		2/2	M20-29	Framingham	189
59	51:28	Peter Herman		8/8	M60-69	Worcester	190
60	51:41	Gillian Schiller		6/7	F50-59	Holden	269
61	51:42	Renee Michelson		4/7	F60-69	Worcester	200
62	53:37	Kate Guida		4/5	F40-49	Worcester	187
63	53:39	Jessica LaFrance		5/5	F40-49	Worcester	194
64	56:06	Timothy Merrill		3/3	M30-39	Oxford	199
65	56:08	Stephanie Merrill		4/5	F20-29	Oxford	198
66	56:40	Angela Koppes		6/7	F30-39	Worcester	299
67	57:57	Cheryl Milas		5/7	F60-69	Worcester	304
68	57:58	Liisa Alger		6/7	F60-69	Worcester	303
69	58:01	Christian Bernier		11/11	M0-19	Worcester	103
70	58:02	Nancy Roriquiez		7/7	F60-69	Worcester	266
71	59:21	Mike Strom		6/6	M40-49	Worcester	276
72	59:22	Abigail Strom		7/7	F50-59	Worcester	275
73	59:38	Gabrielle Conlon		5/5	F20-29	Spencer	179
74	59:39	Nina Waddell		7/7	F30-39	Worcester	284

TIMING CREW CHIEF Steve Laska

CMS Volunteers: Joe Alfano, Linda Luthman, Karen Pajer, Linda Marie Simmons, Claire Foley, Molly Riordan, Rick Lane, James Dowd, Lucas Dowd.

Corrections please e-mail centralmassstridersresults@gmail.com

9/29/24 JHC Home Run 5K Winners

OVERALL

MALE

FEMALE

1. Mike Allen	19:29		1. Linda Spooner	19:57
2. Andrew Mita	19:36		2. Katie Wilson	23:08
3. Peter Welland	22:19		3. Mandy Baliva	25:12
		0-19		
1. Owen Chrudimsky	23:54 (age 9)		1. Sophie Welland	33:49 (age 10)
		20-29		
1. Cameron Caissie	50:48		1. Annabelle Huffman	26:58
		30-39		
1. Andrew MacDonald	25:51		1. Dianna Mukala	29:10
		40-49		
1. Jared Chrudimsky	24:53		1. Kristin Hintlian	26:03
		50-59		
1. Rick Wood	26:12		1. Esther Stidham	42:25
		60-69		
1. Lester Forgit	23:58		1. Anna Gawrych	32:41
		70+		
1. Steve Prouty	28:41		1. Kathleen Comer	41:13