



Virtual Saturday 5K and Fun Run August 8, 2020

5K Finishers

Runner	HOMETOWN	TIME (h:mm:ss)	Type of Run	Age Group	Notes
Andy Sieracki	Hadley	0:25:37	Road	M Seniors	
Arthur Besse	Templeton	0:19:15	Road	M Masters	Last 5k @MP of 30k workout
Ashley Randle	Sterling	0:22:36	Road	F Open	
Kristi Carlson	Rutland	0:28:50	Rail Trail	F Masters	
Kyle Manuel	Worcester	0:26:18	Road	M Open	
Linda Usher	Upton	0:30:46	Road	F Supervet	Part of a 6.5 Mile run
Michael Collier	Leominster	0:34:16	Road	M Masters	
Mike Keating	Worcester	0:29:13	Road	M Veterans	Indian Lake Loop
Nicole Clark	Palmer	0:29:57	Road	F Open	Out in Ohio!
Sydney Carlson	Rutland	0:28:50	Rail Trail	F Juniors	
Trista Brown	Upton	0:27:39	Road	F Masters	Part of a 8.5 Mile run



Other Distance Finishers

Runner	HOMETOWN	TIME (h:mm:ss)	Type of Run	Age Group	Notes
Alicia McHugh		0:41:53	Road/Trail	F Senior	4.32 Miles
Andrea Berger	Holden	1:28:00	Road	F Masters	9.29 Miles
Andrew MacDonald	Worcester	0:57:46	Road	M Open	6.03 Miles
Beth Songer	Sterling	3:23:00	Road	F Masters	18.8 Miles to get turned up at Nashoba Winery
Bill Elliot IV	Holden	2:58:03	Road	M Masters	20 Miles
Christine Hoogasian	Worcester	1:40:52	Trail	F Masters	8.37 Miles
David Lamontagne	Worcester	1:15:46	Road	M Seniors	7.25 Miles - 2 legs of virtual Ragnar
Hector Santos	West Boylston	1:18:48	Road/Trail	M Open	10 Miles
James Dowd	Worcester	1:01:12	Road	M Masters	6.41 Miles
Jay Morrissey	West Boylston	0:33:04	Road	M ANCIENT	3.5 Miles of dumb stuff
Jenn Miola	Lunenburg	0:53:10	Road	F Masters	5.1 Miles
Jessie Arnold	Worcester	0:48:19	Road	F Open	5.1 Miles
Jim Hehir	Worcester	0:53:50	Bike Trail	M Veterans	5.5 Miles
Meghan MacDonald	Woonsocket	3:41:54	Road	F Masters	20 Miles to finish the GVRAT
Nicole McGurin	Holden	1:35:36	Road	F Masters	10 Miles
Rich Toronto	Northborough	1:19:33	Road	M Masters	9.55 Miles



