

Virtual Saturday 5K and Fun Run July 4, 2020

5K Finishers

Runner	HOMETOWN	TIME	Type of Run	Age Group	Notes
		(h:mm:ss)			
Aleel Grennan	Holden	0:42:28	Rail Trail	M Seniors	
Doug Usher	Upton	0:32:55	Road	M Veterans	
Jeff Galvin	Holden	0:24:41	Road	M Masters	Stoked to get sub 25!
Kristi Carlson	Rutland	0:29:04	Rail Trail	F Masters	
Linda Usher	Upton	0:32:55	Road	F Supervet	
Norman Everett	Auburn	0:18:18	Track	M Open	
Sydney Carlson	Rutland	0:29:04	Rail Trail	F Juniors	





Other Distance Finishers

Runner	HOMETOWN	TIME (h:mm:ss)	Type of Run	Age Group	Notes
					4th of July Virtual 4 Miler -
Meghan MacDonald	Woonsocket, RI	0:34:48	Road	F Masters	PR!!!
					4.12 Miles with lot of Deep
Nicole McGurin	Holden	0:40:15	Rail Trail	F Masters	Wood Off
					4 Miles on the Nu Cafe
David Lamontagne	Worcester	0:39:09	Road	M Seniors	Route
					11.3 Miles - Lots of Strava
Kyle Manuel	Worcester	1:42:33	Road	M Open	Challenges done
					3.77 Miles with the double
Derya Deane	Sterling	0:42:55	Road	F Open	stroller and no beers
Tim Wright	Holden	1:15:36	Rail Trail	M Masters	10 Miles
Dianne Esposito	Worcester	1:44:50	Road	F Masters	10.2 Miles
Andrea Berger	Holden	0:40:12	Rail Trail	F Masters	4.1 Miles
Christine Hoogasian	Worcester	1:23:50	Road	F Masters	6.6 Miles
Rich Toronto	Northborough	1:06:47	Road	M Seniors	8.05 Miles
Michelle Harris	Sterling	0:58:15	Road	F Masters	5 Miles
Kevin Bartlett	Leominster	1:10:40	Road	M Veterans	6.5 Miles
Alicia McHugh	Sterling	0:39:55	Road	F Seniors	4 Miles for the 4th
Bill Dowd	Holden	1:13:00	Road	M Seniors	8 Miles
					7.4 Miles for the 4 through
Linda Simmons	Auburn	1:24:00	Road	F Seniors	Yarmouthport & Dennis
Marie Achilles	Clinton		Stairs	F	Clinton Dam Stairs x12
Sue Stomski	Dudley	0:42:33	Road	F Veterans	4 Miles for the 4th
Andrew MacDonald	Worcester	1:51:26	Road	M Open	12 Miles
Hector Santos	Juncos, PR	4:00:00	Hiking	M Open	4 Miles