



Virtual Saturday 5K and Fun Run March 21, 2020

5K Finishers

Runner	HOMETOWN	TIME	Type of Run	Age Group	Notes
Alicia Hart McHugh	Sterling	26.24	Road	W Seniors	Freezer 5 Course
Amanda Gregoire	Worcester	28.03	Road	W Open	
Andrew Graves	Worcester	32.11	Road	M Junior	WSU 5K Course
Arthur Besse	Templeton	29.08	Road	M Masters	Part of 6 Miler
Beth Caruso	Rutland	30.01	Road	W Open	
Bob Kirby	Jefferson	30.31	Trail	M Veterans	
Brenda Morris	Worcester	27.35	Road	W Seniors	
Carol Hurley	Spencer	20.48	Treadmill	W Veterans	
Christine Hoogasian	Worcester	33.55	Road	W Masters	
CMS Andy Sieracki	Hadley	26.03	Road	M Seniors	Part of Long Run
Corinne Stratton	Worcester	35.41	Road	W Open	Hospital Employee <3
Dan Milton	Hudson	32.08	Road	M Seniors	3.99 Miles
Dana Perry	Westborough	30.55	Road/Trail	M Veterans	
David Lamontagne	Worcester	33.44	Road	M Senior	
David Sheridan	Auburn	22.46 and 22.04	Road	M Open	Two Loops
Debbie Linder	Shrewsbury	26.21	Road/Trail	W Open	
Doug Usher	Upton	37	Road	M Veterans	First 5K of the New Bedford Half
Ed Healy	Worcester	28.54	Road	M Seniors	
Heather Start	Charlton	36.4	Trail	W Masters	First 3 of 10 Miler
Hector Santos	Puerto Rico	25.34	Road	M Open	

Isabel Bruggenwirth	Netherlands	26.57	Road	W Open	Last 5K of 10 Miler
Jen Graves	Worcester	32.11	Road	W Masters	WSU 5K Course
Jenn Miola	Lunenburg	28.22	Road	W Masters	Part of 6 Miler
Jiji Start	Charlton	36.4	Trail	Good Dog	First 3 of 10 Miler
John Shepardson	Worcester	32.16	Road	M Masters	Raffle Winner!
Joshua Curtis	Worcester	19.02	Road	M Masters	
Karen Fontaine	Holden	36.02	Road	W Masters	
Kate Pietrovito	Sterling	29	Road	W Open	
Kevin Bruce Aldrich Bartlett	Leominster	27.52	Road	M Veterans	
Kim Gordon	Holden	26.57	Road	W Open	Part of Long Run
Linda Usher	Upton	37	Road	W Super Veterans	First 5K of the New Bedford Half
Lisa Sternstrom	Holden	24.57	Road	W Masters	Part of Long Run
Megan Coughlin	Holden	26.38	Road	W Open	
Meghan MacDonald	Woonsocket, RI	26.31	Road	W Masters	
Milo Linder	Shrewsbury	26.21	Road/Trail	Good Dog	
Mocha Graves	Worcester	32.11	Road	Good Dog	WSU 5K Course
Mya Miola	Lunenburg	28.22	Road	Good Dog	Part of 6 Miler
Neal Szulga	Northboro	29.06	Road	M Open	
Norm Everett	Auburn	19.39	Road	M Open	WSU 5K Course
Randy Wilbur	Charlton	25.53	Road	M Not That Old	
Scott Deslongchamps	North Grosvenor Dale, CT	45.04	Trail	M Seniors	
Stephen Laska	Holden	26.22	Road	M Seniors	Part of Long Run
Tim Wright	Holden	19.38	Track	M Masters	
Xander Caruso	Rutland	30.01	Road	Good Dog	

Other Distance Finishers

Runner	HOMETOWN	TIME	Type of Run	Age Group	Notes
Amanda Kelly	Lancaster	Untimed	Trail	W Open	Hike at the Littleton Trust
Cooper Blodgett	Northbridge	3:00:00	Trail	Good Dog	NH Hike
David Blodgett	Northbridge	3:00:00	Trail	M	NH Hike

Holly Wielsma	Spencer	Untimed	Road	W Masters	
Janet Keenan	Worcester	53	Road	W Seniors	6+ Miles
Kristina Pedone	West Boylston	1.33.00	Road	W Open	10 Mile Run Time
Laura Hast	Dudley	44.35	Road	W Veterans	5 Miler
Laura Mastromatteo	Worcester	59.38	Trail	W Seniors	4.44 Miler
Laurie Perron	Oakdale	1.13.00	Road	W Seniors	6.65 Miles
Linda Luthman	Worcester	43.04	Road	W Seniors	4 Mile Run - Oak Sighting!
Linda Simmons	Auburn	43.22	Road	W Seniors	4.03 Miles
Melanie Ferguson	Holden	Untimed	Treadmill	W Seniors	7 Miler
Murphy Pietrovito	Sterling	55.18	Trail	Good Dog	3.41 Mile Hike
Pat Clark	Worcester	Untimed	Trail	W Veterans	
Sarah Cosentino	Lancaster	Untimed	Road	W Masters	4.5 Mile Run
Tammy Jean	Worcester	Untimed	Walk	W Masters	





THANKS TO ALL!

Weather: High 30s to Low 40s, Sunny, Breezy

Send Corrections to: Kim at cmsrunweb@gmail.com