



Virtual Saturday 5K and Fun Run March 28, 2020

5K Finishers

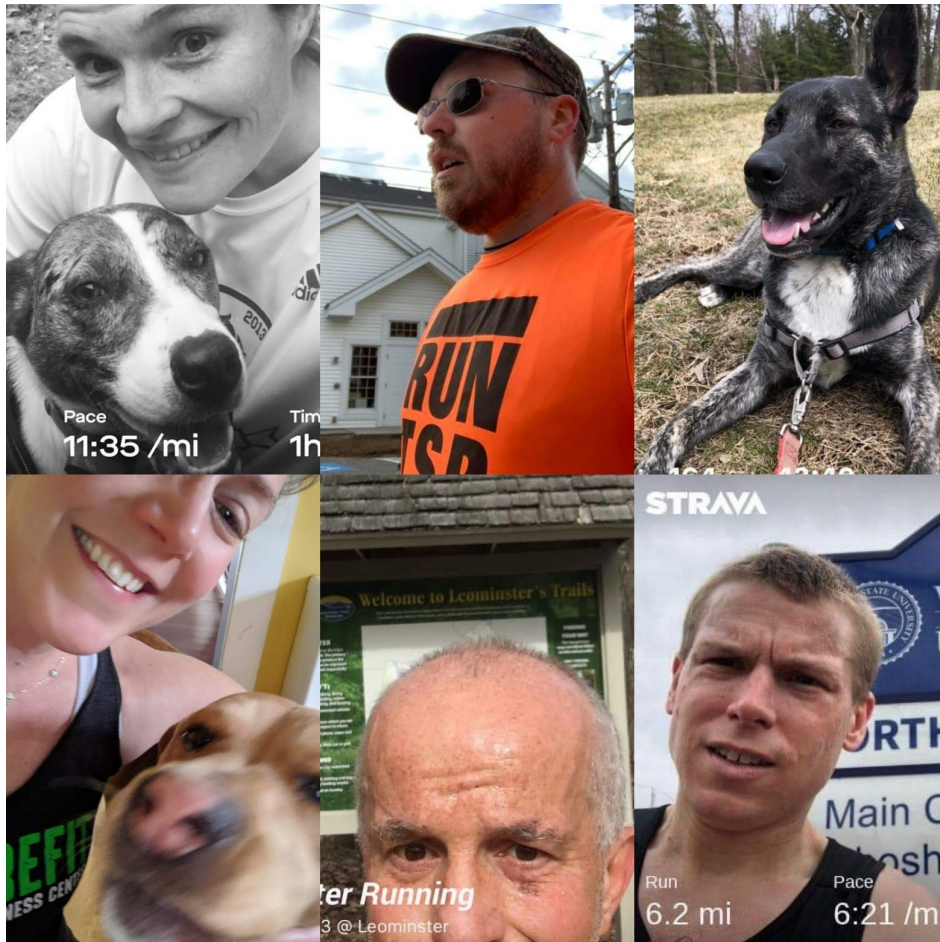
Runner	HOMETOWN	TIME	Type of Run	Age Group	Notes
Alicia McHugh	Sterling	26.15	Road	W Seniors	
Amanda Gregoire	Worcester	27.49	Road	W Open	
Andrea Berger	Holden	27.01	Road	W Masters	Part of 10 Miler
Andrew Graves	Worcester	26.5	Road	M Juniors	Indian Lake, Counterclockwise
Andrew MacDonald	Worcester	26.24	Road	M Open	Part of 6 Miler
Arthur Besse	Templeton	17.45 and 17.23	Road	M Masters	Shrewsbury Road Scholars 5K x2
Beth Caruso	Rutland	28.56	Road	W Open	
Brenda Morris	Worcester	26.46	Road	W Seniors	
Christine Hoogasian	Worcester	35.56	Road	W Masters	Part of a 10K
Doug Usher	Upton	34.04	Trail	M Veteran	Hopedale Park
Elisabeth Gondek	Holden	31.14	Road	W Masters	First run with dog!
Hector Santos	Puerto Rico	26.2	Road	M Open	9 Total Miles
Jeff Adair	Worcester	28.42	Road	M Seniors	First 5K of 14 Miler
Jen Graves	Worcester	27.05	Road	W Masters	Indian Lake, Counterclockwise
Jenn Miola	Lunenburg	28.15	Road	W Masters	Middle of a 15 Miler
Jim Hehir		29	Road	M Veterans	WSU Course
Joshua Curtis	Worcester	19.53	Road	M Masters	2nd Half of a 10K
Karen Tisdell	Whitinsville	28.08	Road	W Open	
Kate Pietrovito	Sterling	30.29	Road	W Open	3.2 Miles, Rest Up Murphy
Kevin Bartlett	Leominster	31.4	Road	M Veterans	

Kyle Manuel	Worcester	26.24	Road	M Open	Part of 6 Miler
Linda Usher	Upton	34.04	Trail	W Superveteran	Hopedale Park
Meghan MacDonald	Woonsocket, RI	29.55	Road	W Masters	First 5K of 10 Miler
Michelle Carbone	Leominster	36.16	Road	W Masters	
Mike Keating	Worcester	30.3	Road	M Veterans	Indian Lake Loop Clockwise
Nancy Khalaf	Worcester	31.48	Road	W Open	Part of 3.6 Mile Run
Neal Szulga	Northborough	29.48	Road	M Open	
Nicole McGurin	Holden	26.55	Road	W Masters	Part of 10 Miler
Norm Everett	Auburn	19.2	Road	M Open	CMS Course x2 (39.26 10K)
Paul Lemerise	Leicester	46.11	Road	M Veterans	5K Walk
Tim Wright	Holden	23.57		M Masters	First 5K of 10 in 76.26
Xander Caruso	Rutland	43.49	Road	Good Dog	Raffle Winner!

Other Distance Finishers

Runner	HOMETOWN	TIME	Type of Run	Age Group	Notes
Amanda Kelly	Lancaster	Untimed	Trail	W Open	Mount Pisgah Hike
Amber Pryzbylski	Worcester	Untimed	Trail	W Open	Mount Pisgah Hike
Bob Kirby	Jefferson	58	Trail	M Veterans	5.4 Miles
Carol Hurley	Spencer	Untimed	Road	W Veterans	
Cat Williams	Grafton	1.55.36	Trails	W Open	10.2 Miles
David Lamontagne	Worcester	55.45	Road	M Seniors	5.5 Miles
Debbie Linder	Shrewsbury	1H26	Trail	W Open	7.5 Miles
Jennifer Nappila	Lunenburg	2.23H	Road and Trail	W Masters	12.12 Miles
Joe Alfano	Holden	2.05.19	Treadmill	M Seniors	10 Miles
John Shepardson	Worcester	31.11	Road	M Masters	4.93K
Karen Anne	Holden	44.28	Road	W Masters	4.09 miles
Karen Patalano			Road/Mountain	W Veterans	6 Miles at Wachusett
Kevin Joseph	Worcester	1.34.19	Roads/Hills	M Masters	9.68 Miles
Kim Gordon	Holden	1.36.31	Road	W Open	10.25 Miles
Kristina Pedone	West Boylston	1.09.03	Road	W Open	8.06 Miles
Linda Luthman	Worcester	41.05	Road/Hills	W Seniors	4 Miler
Linda Simmons	Auburn	1:10	Road	W Seniors	6.21 Rainy Miles

Lou Roberts	Boylston	41.07	Road/Mixed	M Masters	3.49 Miles
Melanie Ferguson	Holden	55.45	Road	W	5.5 Miles
Mike Penza	Rutland	26.47	Roads/Hills	M Open	3.51 Miles
Mike Roemer	Charlton	52.4	Road	M Open	10K
Milo Linder	Shrewsbury	1H26	Trail	Good Dog	7.5 Miles
Preston Croteau	Lancaster	23.31	Road	M Open	2 Miles
Scott Deslongchamps		3H 37M	Trail	M Seniors	Douglas State Forest Trail Run
Stephen Laska	Holden	1.22.48	Road	M Seniors	10 Miler
Sue Stomski	Dudley	34.45	Road	W Veterans	
Tammy Jean	Worcester	1H	Roads/Hills	W Masters	4.3 Miles





THANKS TO ALL! Best wishes to all of you for continued health and happy running.

Weather: Cool and Cloudy

Send Corrections to: Kim at cmsrunweb@gmail.com